

STAMFORD DEPARTMENT OF PARKS & RECREATION ANNOUNCES:

End of 2024 Summer Beach Schedule
Please be advised of the following changes in the hours and swim areas at ALL City
of Stamford Beaches & Pools

CITY OF STAMFORD BEACHES*

Cove Island East Beach, Cummings Beach, West Beach:

- Lifeguard Hours: 10:00 AM 6:00 PM
- Starting Monday, August 12, 2024 ALL Stamford beaches will utilize a reduced swim area.
- Reduced swim areas will be marked with red and yellow "Swim Area" flags.
- Lifeguards will direct swimmers and those utilizing the water to remain within the marked areas.
- We ask that all beachgoers adhere to the Lifeguards requests and instructions during these dates and times.
- Starting Friday, August 23 the lifeguards will be on duty WEEKENDS ONLY from 10:00am-6:00pm.
- Final weekend Lifeguards are on duty: Open Labor Day weekend: August 31,
 September 1, 2.

Heroy: CLOSED for the season starting Monday, August 12, 2024

NO Lifeguard on duty

Quigley: CLOSED for the season

NO Lifeguard on duty

We thank you in advance for your cooperation!

*Throughout the course of the beach and swim season, all Lifeguard hours of duty and permitted swim area sizes are subject to change based on lifeguard availability. As always, please only swim in approved swim areas and during Lifeguarded hours