

**City of Stamford**  
**Mayor Caroline Simmons**  
**Stamford Parks & Recreation**  
**Fall Brochure 2024**



**Phone: (203) 977-5214 Fax: (203) 977-5504**

**888 Washington Blvd, 6th Floor [www.stamfordrecreation.com](http://www.stamfordrecreation.com)**

**Registration for Most Fall Programs begins online September 3, 2024**



**@stamfordparksrec**

# Welcome To Stamford Parks & Recreation

## Department Staff:

**Director of Parks & Recreation:** Kevin Murray  
**Assist. Superintendent:** Scott Kassouf  
**Assist. Superintendent:** Megan Gearhart  
**Recreation Supervisor:** Jack Lyons  
**Recreation Leader:** Dante Statum  
**Customer Service Specialist:** Tina Baines  
**Account Clerk II:** Karla Parham

## Parks & Recreation Commission

**Chair Parks & Recreation Commission:** Melanie Hollas  
**Parks & Recreation Commission:** Angela Adetola  
**Parks & Recreation Commission:** Michael Tedder  
**Parks & Recreation Commission:** Paul Newman

## Office Hours:

Monday - Friday - 8:30AM - 4:30PM  
Recreation Office located at 888 Washington Blvd.  
OR On- line for residents by logging on to  
[www.stamfordrecreation.com](http://www.stamfordrecreation.com) **Registrations can only be paid by credit card on line with a Visa or Master card.**

## Recreation Office Holidays:

Monday, September 2, 2024 - **Labor Day**  
Monday, October 14, 2024 - **Columbus Day**  
Monday, November 11, 2024 - **Veterans Day**  
Thursday, November 28 & 29, 2014 - **Thanksgiving Break**

## Fee Payment:

**Instructors CANNOT** accept registration at the class. Fees must be paid at the Recreation Services Office in advance or on-line. Payments may be made by cash, check and credit card only. Credit cards will be accepted at the Recreation Services Office, or on line with Visa and Master Card Only! **You must be 16 years old to register for adult programs & 21 years of age for casino trips.** All checks should be made payable to the City Of Stamford. If a check is returned to Recreation Services for any reason, a cash or money order payment of \$50.00 plus the face value of the check is required immediately.

## Reduced Fee Policy:

With the Stamford Public School serving lunch to all students this school year the free and reduced lunch letters will not be available. If you have snap, you can receive a letter from the BOE for proof. If you do not have Snap, Parents must complete the Household Income Survey in their parent portal on the BOE website. This will provide proof of eligibility for the camp reduced fee and a copy of that survey form must be submitted at the time of registration. With out that document you will not qualify for the reduced rate at registration. There is also a maximum number of reduced fee slots available per program or camp.

## Refund Policy:

Refunds shall be granted before a class begins for an incapacitating medical hardship with a doctor's note, relocation with documented proof or if a waiting list is available and the spot can be filled. Any approved refund will be granted minus a 15% processing fee, no exceptions! If we cancel a program for any reason, there will be a full refund with no processing fee. Any refund granted after a class begins shall be prorated in addition to the 15% processing fee. If false information is given on a registration form, the registration is null and void and there will be no refund.

## Recreation Star Center:

The Stamford Recreation Star Center is located at 1170 Shippan Ave in Stamford. The Recreation Star Center is Open Monday through Saturday offering programs from preschool age through adults! **Registration for all programs held at the Star Center are done the Recreation Services Office located the Stamford Government Center or online.** If you have any questions please go to our website: [www.stamfordrecreation.com](http://www.stamfordrecreation.com) or at **203-977-5214.**

## Registration Procedure:

Stamford residents are given first priority to register for all programs. Non-Residents may register for programs on an availability basis one week prior to the start of the program with a \$10.00 surcharge. This does not apply to athletic leagues which have separate eligibility polices. Registrations are not accepted at any of our programs & must be done in advance at the Recreation Office or ONLINE. **Payments cannot be made at The Recreation Star Center!** The Stamford Recreation Star Center is located at 1170 Shippan Ave in Stamford. The Star Recreation Star Center is Open Monday through Saturday offering programs from preschool age through adults! Registration for all programs held at the Star Center are done the Recreation Services Office located the Stamford Government Center or online. If you have any questions please go to our website: [www.stamfordrecreation.com](http://www.stamfordrecreation.com) or at **203-977-5214.**



**Registration begins for most Fall Programs on September 3, 2024. Some marked programs begin earlier registration online on August 19th!  
In Person Registration is Done By Appointment!**

# Stay and Play Preschool 2025-2026

Recreation Star Center, 1170 Shippan Ave

**September 2025 – June 2026 (Following Stamford Public School Calendar)**

Tuesday Wednesday & Thursday – **3 year old program – Sess. 01**

Time: 9:15AM – 12:15PM

Time: 9:15AM – 12:15PM

\$4,300.00 per year ( 3 Year olds / 3 times per week ) **Can be paid in 4 payments of \$1,075.00**

\$5,600.00 per year ( 4 year olds / 4 times per week ) **Can be paid in 4 payments of \$1,400.00**

**A \$500.00 Non - refundable deposit** is due at the time of registration & the deposit will be deducted from your final payment.

Registration is open until the program fills

**Instructors:** Beth Covino, **Preschool Instructor** & Victoria Eldridge, **Preschool Instructor**

Our exciting preschool program specifically designed for 3 and 4 year old's. Children will gain independence and self-confidence in our play based approach to early learning focused on socialization and cooperation. This hands on, active environment will encourage exploration and discovery. Activities will include creative expression, dramatic play, music and movement, large and small motor activities, early literacy, sensory activities, math readiness and outdoor play. We also offer a **“Lunch Bunch”** option for students two days a week that will extend the school day until 1:30pm on those assigned days. Families will be required to sign up on a monthly basis and pay in advance. This will begin in October 2025 and run through June 2026 for the four-year-old program. The Lunch bunch will also be available to the three year olds starting in February 2025. **To schedule a visit call 203-977-5018 or @Skassouf@stamfordct.gov All students registering for the program must be 3 years old by October 1, 2025 to be eligible for the program but may be flexible!**

## Preschool Programs

### Play and Learn (Ages 1-3)

Recreation Star Center, 1170 Shippan Ave

September 17 - November 15 ( No class 10/3, 10/4 & 11/5)

Tuesday – 9:30AM – 11:00AM – **Sess. 1**

Wednesday – 9:30AM – 11:00AM – **Sess. 2**

Thursday – 9:30AM – 11:00AM – **Sess. 3**

Friday – 11:00AM – 12:30PM – **Sess. 4**

\$125.00 per child once a week for 8 weeks

Instructor: Jen Lupinacci

Play and Learn introduces your toddler to the experience of preschool with a caregiver. Our classroom will be set up with child-initiated activities. There will be centers to explore...play doh, painting and more. We will have a circle time with songs and stories. A snack will be provided. We will play in our spacious gym or ,weather permitting, outside on our playground. This will encourage movement and independence in a fun and safe environment. A great way for your child to continue to develop both fine and gross motor skills, learn about transitioning to the next activity and spatial awareness. **A caregiver and me program!**

### Munchkin Sports & Games (Ages 2 - 3)

Recreation Star Center, 1170 Shippan Ave

September 20 - November 15 ( No class 10/4)

Friday

10:00AM - 10:40AM

Fee: \$100.00 per child for 8 weeks

Instructors: Jen Lupinacci

Children will have lots of fun learning new games & sports each week. This program will allow children to work on their gross motor skills, learn the basics of team sports & give each child confidence while having fun. Creative movement exercise, soccer balls, basketball and games are just a few of the activities/sports we will cover. **A caregiver & me program!**

### Hands On Science (Ages 2-4)

Recreation Star Center, 1170 Shippan Ave

September 19 - November 14 ( No class 10/3)

Thursday

11:15AM – 12:00PM

\$100.00 per child once a week for 8 weeks

Instructor: Jen Lupinacci

It's full STEM/STEAM ahead in this hands on class. We will explore something new every week-while applying simple scientific aspects that children can relate to. We will have a lot of fun with simple experiments and hands on exploring. The children will be allowed to help mix -stir and possibly EXPLODE our experiments! Themes may include dinosaurs, volcanoes, magnets, hibernation, space and more! **A caregiver & me program!**



### Time To Play (Ages 1-3)

Recreation Star Center, 1170 Shippan Ave

September 17 - November 12 ( No class 11/5)

Tuesday - 11:15AM – 12:00PM - **Sess. 1**

Wednesday - 11:15AM - 12:00PM - **Sess. 2**

Fee: \$100.00 per child for 8 weeks

Instructors: Jen Lupinacci

In this class the children will have time to play and explore our classroom! There will be weekly themed art activities offered as well as story time! Introductions of structured activities with simple step by step directions to help develop listening skills and how to follow basic patterns. **This is a caregiver and me class.**



# Preschool & Youth Programs

## Toddler Halloween Party (Ages 1-4)

Recreation Star Center Gymnasium, 1170 Shippan Ave

Monday, October 28th

Fee: \$16.00 per child

Time: 10:00AM -11:15AM

Instructor: Jen Lupinacci

Come dressed in your Halloween costume and get ready for some Halloween fun! There will be fun games, spooky music, craft tables and treats! This will be a caregiver and me event. **You must pre-register for this event - we can not accept walk-ins!**

## Discovering Dinosaurs (Ages 3 - 5) - New

Recreation Star Center, 1170 Shippan Ave

September 23 - November 4 (No class 10/14)

Monday

9:30AM - 10:15AM

Fee: \$150.00 per child/6 weeks

Instructors: Snapology Staff

Students will travel far back in time and explore the world of the stegosaurus, tyrannosaurus, and raptors. They will identify basic body parts, habitats, and diets of some of their favorite dinosaurs, all while practicing counting and colors, and having fun!

\*Students will learn basic paleontology by exploring the diets of dinosaurs, how their diets determined their physical features, and when they lived.

\*Students will learn how an animal's habitat must provide them with food, water, and shelter in order to survive.

\*Students will practice making observations of physical characteristic.

\*Students will develop basic engineering and motor skills.



## Junior Scientists: All About Animals (Ages 4 - 6) - New

Recreation Star Center, 1170 Shippan Ave

September 28 - November 2

Saturday

9:30AM - 10:15AM

Fee: \$150.00 per child/ 6 weeks

Instructors: Snapology Staff

Do you know what mammal is the largest on Earth? Or how a caterpillar becomes a butterfly? In this program, we invite your little zoologist to analyze the differences between vertebrate and invertebrate, construct their way through the butterfly and frog life cycle, build reptiles, and examine the differences and similarities between insects and arachnids using Kid K'NEX® pieces. Your child will too busy exploring the animal world to realize that they are gaining critical social, motor, and developmental skills.

\*Explore the animal kingdom and discover differences in animal anatomies and structure.

\*Develop higher level biology concepts.

\*Insects, arachnids, vertebrates, invertebrates, mammals, birds, reptiles, fish.

\*Biodiversity, habitats, ecosystems.



## Soccer Tikes For Preschoolers (Ages 3 - 6)

Scalzi Park

September 14 - October 19

Saturday

9:00AM - 10:00AM ( 3 year olds) - **Sess. 1**

10:00AM - 11:00AM ( 3 - 4 year olds) - **Sess. 2**

11:00AM - 12:00PM ( 4 - 5 year olds ) - **Sess. 3**

12:00PM - 1:00PM ( 5 - 6 year olds) - **Sess. 4**

\$130.00 per child per six week session/includes t-shirt

Kevin Fallon, Certified Soccer Instructor

At Soccer Tikes, we stress a non-competitive environment.

This is a child development program for children. Classes are designed to develop motor skills, promote physical fitness, and create self-confidence. We also mix fun, skill development activities with actual small sided games. A great relaxing and fun way for you child to learn about soccer! **Registration starts online August 19th!**



## Little Cooks (Ages 3-5 yrs old) - New

Recreation Star Center, 1170 Shippan Ave

September 23 - November 4 (No class 10/14)

Monday

11:30AM-12:30PM

Fee: \$240.00 per child for 6 weeks

Instructors: Fiddleheads Cooking Studio

Preschoolers will enjoy a flavorful adventure at these fun and educational cooking classes, where they will learn where food comes from using seasonal and fresh ingredients. It's all about food exploration, as children are encouraged to touch, smell and taste all ingredients.

They will learn how to collaborate together to create their dish and how to use kitchen tools safely as they take turns measuring and mixing – giving them the confidence they need in the kitchen! As their dish cooks, they will enjoy story time, a fun art project or activity. This class offers great bonding time between the child and caregiver as you cook and taste your final creations together! **Parents or caregivers must stay for class.**



## Learn Spanish Through Music (6 months - 4 Years old) - New

Recreation Star Center, 1170 Shippan Ave

September 23 - December 9 (No class 10/14 & 11/11)

Mondays

9:30AM - 10:10AM ( 6 months - 2 yrs. Old) -**Sess. 1**

10:20AM - 11:00AM ( Age 2 - 4) - **Sess. 2**

Fee: \$240 per child for 10 weeks

Instructors: Armelle For Kids Staff

A multi-sensory approach to language acquisition based on songs chosen to teach a selection of vocabulary and sentence structures. Visual, audio, and tactile stimuli are all intertwined to allow your child to acquire the language in depth while having fun. This method has proven to be effective with children as young as 6 months old! Instrument playing, sing-along games, finger-play, and puppets are used to enhance comprehension through repetition while hearing and feeling the rhythm of the language.

# Star Center Pre-K & Youth Dance Programs

## Movin N Groovin (Ages 2 & 3) - New

Recreation Star Center, 1170 Shippan Ave  
September 17 - November 26 (No class 11/5)

Tuesday

3:30PM - 4:15PM

\$220.00 for 10 weeks

Instructor: Ms. Danette

In this class your child will have the opportunity to express themselves creatively through movement and music while practicing valuable gross motor skills. Age appropriate dance technique will be explored along with dance games, singing and free dance. **Comfortable play clothes encouraged.**

## Tiny Tu-Tu's (Ages 2 - 4)

Recreation Center, 1170 Shippan Ave  
September 16 - December 2

Monday: (Ages 2-4) 11:30AM- 12:15PM - **Sess. 1**

Tuesday: (Ages 2-4) 11:30AM - 12:15PM - **Sess. 2**

Tuesday: (Ages 2-4) 2:30PM - 3:15PM - **Sess. 3**

Wednesday (Ages 2-4) 11:30AM - 12:15PM - **Sess. 4**

Wednesday (Ages 2-4) 2:30PM—3:15PM - **Sess. 5**

Saturday: (Ages 2-4) 10:00AM - 10:45AM - **Sess. 6**

\$220.00 per child for 10 weeks per section

Instructors: Ms. Debbie & Ms. Danette

Get your Tu- Tus out! It's time to twirl & leap to classical music .During this 45 minute class, your little dancer will learn basic ballet techniques as they move to the beautiful sounds of classical music. **Max of 10 children per class!** Please note the program is not a parent & me class, it is designed to promote dancer independence. **Parents will be required to wait outside the class. No classes 10/3, 10/14, 11/5 & 11/11)**



## Ballet for Children (Gr. K-3)

Recreation Star Center,, 1170 Shippan Ave  
September 16 - December 2 (No class 11/14 & 11/11)

Monday - 4:30PM- 5:30PM (Gr. K-3) - **Sess. 1**

Saturday - 11:00AM - 12:00PM (Gr. K-3) - **Sess. 2**

\$220.00 for 10 weeks

Instructors: Ms. Debbie & Ms. Danette

**Ballet** - The dancers will explore the great ballet stories as they learn technique. Waltz into class and leap into fun!! Dancers need ballet slippers, and water bottle. Girls Royal Blue leotard, pink tights, pink ballet slippers. **Boys White t-shirt, dark shorts or sweats & black slippers.**

## Hip Hop/Funk (Gr. K - 3)

Recreation Star Center, 1170 Shippan Ave  
September 17 - November 26 (No class 11/5)

Tuesday

4:30PM - 5:30PM

\$220.00 for 10 weeks per section

Instructors: Ms. Debbie

This class is one hour fun filled class is for the person who loves to dance around the house. Why not take it to the beautiful Star Center and shine even brighter! Dress comfortably. Hip hop sneakers or Jazz shoes. **No street shoes.**

## Dancing Stars (Ages 3 - 5)

Recreation Star Center, 1170 Shippan Ave  
September 18 - November 20

Wednesday

3:30PM - 4:15PM

\$220.00 for 10 weeks

Instructors: Ms. Debbie

This ballet class your dancer will reach for the stars! They will run, hop, skip and leap into the world of dance. Learning the basic positions in a fun and creative way. The program is not a parent and me class, it is designed to promote dancer independence. **Parents will be required to wait outside the class.**



# USA Sports Group Program For Preschool

## USA Sport Group - Preschool Multi Sports Classes (Ages 2.5 - 5)

Scalzi Park, 97 Bridge St - **Session 1** Lathon Wider Gym, 137 Henry Street - **Session 2**

Saturday- September 14 - November 2 - **Session 1** Saturday- November 9 - December 14 - **Session 2**

\$179.00 per program - **Sess. 1**

\$155.00 per program - **Sess. 2**

8:45AM - 9:25AM (Ages 2.5-3.5) - **A**

9:25AM-10:05AM (Ages 3-5) - **B**

10:05AM-10:45AM (Ages 2.5-3.5) - **C**

10:45AM-11:25AM (Ages 3-5) - **D**

Instructors: USA Sport Group Staff (Certified Instructors)

Description: **Multi Sports Squirts** program allows children to experience a variety of sports throughout their program. It is the perfect introduction to athletics for your future sports star! All sports are taught in a safe, structured and fun learning environment. Each session is comprised of a series of games and activities designed to ensure learning and most importantly: fun, fun, fun! Participants will have the opportunity to experience Lacrosse, Soccer, T-Ball, and Track & Field.\*



# USA Sports Program for Preschool & Youth

## USA Sport Group - Preschool T-Ball Classes (Ages 2.5 - 7)

Scalzi Park, 97 Bridge St

Sunday

September 15 - November 3 - **Sess. 1**

\$179 per program per child

8:45AM - 9:25AM (Ages 2.5-3.5) - **A**

9:25AM-10:05AM (Ages 3-4.5) - **B**

10:05AM-10:45AM (Ages 4-5.5) - **C**

10:45AM-11:25AM (Ages 5.5-7) - **D**

Instructors: USA Sport Group Staff (Certified Instructors)

Description: **T-Ball Squirts** programs are the perfect introduction to baseball and softball for your young slugger! All of our T-Ball programs are designed to develop skills including hitting, catching, throwing, and base-running. Using age-appropriate equipment, children will learn the fundamentals and rules of the game in a safe and structured environment.



## Afterschool Club & Babysitting Certification Program

### CABA: Child & Babysitting Safety Class For Students (Ages 11 & UP)

Recreation Star Center, 1170 Shippan Ave

Monday, September 30, 2024 : 5:30PM - 7:30PM - **Sess. 1**

Tuesday, October 15, 2024: 5:30PM - 7:30PM - **Sess. 2**

Wednesday, November 20, 2024: 5:30PM - 7:30PM

\$90.00 per child per session (**only required to sign up for one session to be certified**)

Instructors: Better Babysitting staff

The Child and Babysitting Safety (CABS) program from ASHI and MEDIC First Aid gives young people everything they need to know for safe and successful babysitting. From getting started with their business, to relating with parents and children, to key safety, caregiving, and first aid tips, the magazine-format CABS guide and video makes learning fun. I also have realistic looking dolls to learn safe handling and diaper changing. Attendees will leave with the skills of handling choking, basic first aid and CPR. 2 Year Certification from HIS. **Registration starts online August 19th!**

### After School Club at the Star Center (Gr. K-5) 2024 - 2025 School Year

Recreation Star Center, 1170 Shippan Ave

August, 2024 - June 2025 School Year

Monday- Friday

2:45PM- 6:00pm ( 12:30pm start on half days )

Fee: **3 days a week:** \$205.00 per month

**4 days a week:** \$235.00 per month

**5 days a week:** \$260.00 per month

Stamford Recreation will be offering an After School Program for Children Grades K - 5 at the Recreation Star Center located at 1170 Shippan Avenue. Gym time, playground and out-door time, arts and crafts, video game time and home work time (each day except on Fridays).

Transportation provided by the Stamford Board of Education to the After School Club at the Star Center for the Catholic Elements School, Charter School of Excellence, and all Stamford Public Schools BOE . **You must arrange for transportation through the BOE at your child's/children school ahead of time.** We will follow all OEC and CDC guide lines at the start of the school year. Space is limited each month! We follow the Stamford Public School Calendar only and will be open on all half days. **Registration for the 2024-2025 school year is now open on our website!**



# Youth & Teen Educational Programs

## Jr. Engineering with a Twist (Ages 5 - 12)

Recreation Star Center, 1170 Shippan Ave

October 2 - October 30

Wednesday

4:00PM - 5:00PM

\$115.00 per child for 5 weeks

Instructor: CT Computer Education staff

If you have a learner who likes building things and figuring out how things work, they will love this class. Join us as we explore, investigate, & solve problems while we learn about the building blocks of engineering—simple machines. Students will work through building models that demonstrate mechanical and physical engineering. Projects include: mini mechanical concept models, a dragon, scale, clown, crane, car, scale, fan, merry-go-round. This class involves free building with over 10,000 choice bricks to choose from. **No Lego's will be taken home.** Pictures will be emailed home. **October 30th class meets 3:00PM - 4:00pm due to half day at school.**

## Engineering: Crazy Gears & Wheels (Ages 5 - 12)

Recreation Star Center, 1170 Shippan Ave

November 6 - December 11 ( No class 11/27)

Wednesday

4:00PM - 5:00PM

\$115.00 per child for 5 weeks

Instructor: CT Computer Education staff

If you love building and inventions, our hands on building activities will inspire you! Students working in pairs will work with special LEGO® gears and levers and engineering components to possibly build a Wall Rocker Racer, Supercharged Speedster, a Battle Spinner and even a drawing machine. This fun, hands-on class shows students how engineering can be fun and silly, yet still educational. Students will build models, and discuss the engineering science behind each model. Students will then be challenged to improve the model and customized their creations. No Lego's will be taken home. Pictures will be emailed home. **December 11 class meets 3:00PM - 4:00pm due to half day at school.**



## Kinderbots Robotics ( Gr. K-2) - New

Recreation Star Center, 1170 Shippan Ave

September 24 - October 22

Tuesday

5:00PM - 6:00PM

Fee: \$150.00 per child or 5 weeks

Instructors: Snapology Staff

In this fun robotics program for early learners, students will build simple models with LEGO Spike Prime and learn the fundamentals of robotic design over 5 weeks. Whether learning about sensors while building drills and magic wands, or discovering ways that gears & pulleys create movement while building helicopters & robotic dogs. Students are sure to have a great educational & fun experience.

**Academic Enrichment:** Explore robotics & basic programming. Pseudo-coding, sensor input & mechanics. Practice critical thinking skills through challenges



## Science Super Powers ( Gr. 1-3) - New

Recreation Star Center, 1170 Shippan Ave

October 5 - November 9

Saturday

11:00AM - 12:00PM

Fee: \$200.00 per child for 6 weeks

Instructors: Mad Science Staff

Suit up, grab your super gadgets, and activate your Spidey Senses! Get ready for an epic, action-packed STEM journey that will bring us to a different dimension! Students will become superheroes as they discover the superpowers within and around us! This program will tackle challenging super science powers such as Thor's electricity, Superman's Speed, Wonder Woman's flight, hovering Batmobiles, and even Space travel with the Guardians of the Galaxy! Our students will unleash the wonders of science and join forces to conquer super powerful sources, one experiment at a time! Each student will become a certified Science Super Hero plus receive a Mad Science lab coat, science goggles, and gadgets to continue using their science superpowers for years to come!



## Amusement Park Engineering ( Gr. 3-6 ) - New

Recreation Star Center, 1170 Shippan Ave

September 28 - October 26

Saturday

10:30AM - 11:30AM

Fee: \$150.00 per child for 5 weeks

Instructors: Snapology Staff

Come build supercool models that use gears, axles, and technic bricks. Children will use engineering and physics concepts as they work in teams under guided instruction to build bumper cars using LEGO TECHNIC Bricks.

**Academic Enrichment:** Explore the scientific method & engineering design process, Learn about mechanics through wheels, axels and motors. Practice critical thinking and use teamwork to solve engineering problems.



## Creature Creators Robotics ( Gr. 3-4 ) - New

Recreation Star Center, 1170 Shippan Ave

September 25 - October 23

Wednesday

5:00PM - 6:00PM

Fee: \$150.00 per child for 5 weeks

Instructors: Snapology Staff

Students create their own animal inspired robotic models with LEGO Spike Prime. They will learn about gear ratio, sensors, simple machines and programming as they build insects, dolphins, gorillas and much more. Students have fun as they use engineering skills to solve challenges.

**Academic Enrichment:** Investigate topics in zoology including animal structure and habitats. Learn about pseudo coding sensor inputs, and robotics. Learn about mechanics through pulleys, gears and crank.



# Youth & Teen Art Programs

## Easel Painting Class (Ages 7-10)

Recreation Star Center, 1170 Shippan Ave

September 16 - December 9

Monday

4:00PM - 5:00PM

\$218.00 per person for 9 weeks/ Includes all material

Instructor: JoAnne Claybourne

Paint like the Masters! Paint, Draw & More! presents another fantastic art class. This fun class will give students experience with acrylic paints and teach brush techniques, color theory, color mixing that allow your child to express their creativity in the best way possible. Students are encouraged to problem solve and add their own unique ideas to their paintings. Their accomplishments help build self-esteem as they blossom and grow their own artistic style. **Jo-Ann T. Claybourne**, a CT native, attended the School of Visual Arts in NY, NY where she expanded her experience in sketching, drawing, painting and mixed media. Jo-Ann is gifted with the vision to create exciting pieces of artwork using different media. She enjoys exploring her creativity to it's fullest.

(No class 10/14, 10/21 & 11/11)



## Mixed Media Drawing Class (Ages 5 - 12)

### By Paint Draw & More

Recreation Star Center, 1170 Shippan Ave

September 18 - November 20 (No class 10/23 & 10/30)

Wednesday

4:00PM - 5:00PM (Ages 5 - 8) - Sess. 1

5:00PM - 6:00PM (Ages 9 - 13) - Sess. 2

\$195.00 per person for 9 weeks/ Includes all material

Instructor: JoAnne Claybourne, *Paint Draw & More*

Want to try all the mediums? In this class Jo-Ann will guide students through drawings that will be finished with a number of mediums and sometime two! Students will fine tune their recognition of shapes, improve their hand eye coordination, learn representational drawing techniques and build their individual drawing style. We will explore use of chalk and oil pastels, colored pencils, watercolors, pen and ink, water based pastels and collage. This class teaches the fundamentals of drawing to all ages, older students will improve on their existing knowledge. Our artists will practice perspective, shading, shape and color theory and learn all the tricks and tools to improve their drawings. Please join us for this informative and fun filled class!

**Jo-Ann T. Claybourne**, a CT native, attended the School of Visual Arts in NY, NY where she expanded her experience in sketching, drawing, painting and mixed media. Jo-Ann is gifted with the vision to create exciting pieces of artwork using different media. She enjoys exploring her creativity to it's fullest. Her commitment to explore her heritage has won her not only regional acclaim but also the attention of national collectors.

## Early Exploration in Arts (Gr. 1 - 3)

Recreation Star Center, 1170 Shippan Ave

September 24 - November 19 (No class 11/5)

Tuesday

4:15PM - 5:15PM

\$120.00 per child for weeks

Instructor: Lori Federico, Artist

This course is a fun and engaging art class designed specifically for children in grades 1-3. Young artists will be able to explore their creativity, develop their fine motor skills, and learn basic art concepts and techniques in a supportive and playful environment. An approach that is structured yet flexible, ensuring that students not only learn basic art concepts and techniques but also enjoy the process of creating and discovering their artistic potential.

## Crafting Sparkling Beginnings: An Introduction to Jewelry Making (Gr.K-2)

Recreation Star Center, 1170 Shippan Ave

September 26 - November 21 (No class 10/3)

Thursday

4:15PM - 5:15PM

\$120.00 per child for eight weeks

Instructor: Lori Federico, Artist

Dive into a world of creativity and fun with jewelry making! Use Sculpey, air-dry clay, paper, and more to create dazzling charms and beads. This exciting and easy process lets you design unique beads that can be mixed and matched to make all sorts of fantastic and one-of-a-kind jewelry. Plus, making jewelry is a blast and helps boost a child's self-confidence, fine motor skills, and creativity. Get ready to sparkle and shine with your handmade creations!



## A Journey Through Journaling (Gr. 3 - 5)

Recreation Star Center, 1170 Shippan Ave

September 26 - November 21 (No class 10/3)

Thursday

5:30PM - 6:30PM

\$120.00 per child for eight weeks

Instructor: Lori Federico, Artist

Embark on an exciting journey through journaling! Uncover the secrets to infuse your journal with playfulness and personality. Learn to craft pages, pockets, pop-ups, and more. Dive into a world of color, texture, stickers, and collage to discover your unique style. Embracing art through journaling is an essential part of the process, ensuring a more enjoyable writing experience. Join us with your existing journal or create a new one to unleash your creativity!



# Youth Cooking & Educational Programs

## Kids In the Kitchen (Gr. K-2)

Recreation Star Center, 1170 Shippan Ave  
October 1 - November 19 (No class 11/5)  
Tuesday

4:15PM - 5:30PM

\$110.00 for 7 Weeks

Includes all supplies

Instructors: Ms. Nancy, Mighty Makers

Grab your apron and meet us in the kitchen for a hands-on, delicious & always fun culinary adventure. Each week little chefs will measure, mix, slice & dice ingredients to create a variety of dishes together! **Note: Due to allergies we will not be using any peanut products during this class. Should your child have any other food allergy, prior approval is needed.**



## Culinary Kids (Gr. 3 - 5) - New

Recreation Star Center, 1170 Shippan Ave  
September 25 - November 20 (No class 10/2)  
Wednesday

4:00PM-5:00PM

Fee: \$320.00 per child for 8 weeks

Instructors: Fiddleheads Cooking Studio

Children will enjoy a flavorful adventure at these fun and educational cooking classes, where they will learn where food comes from using seasonal and fresh ingredients. It's all about food exploration, as children are encouraged to touch, smell and taste all ingredients. They will learn how to collaborate together to create their dish and how to use kitchen tools safely as they take turns measuring and mixing giving them the confidence they need in the kitchen! Children will also engage in interactive discussions about how food grows, who grows it and how it got to the kitchen, accompanied by an art project, game or activity. Finally, they will share their thoughts about different flavors and textures as they enjoy their dish together.



## Outer Space & Physics Fun (Ages 6 - 10)

Recreation Star Center, 1170 Shippan Ave  
October 21 - December 2 (No class 11/11)  
Monday

5:00PM - 6:00PM

\$160.00 per child for six weeks

Instructor: Minds in Motion Staff

Come join an exciting world of space exploration as you build and take home your very own Orbiting Solar System Kit! You will assemble your own model, learn all about our planetary neighborhood, and watch the planets move around the sun with a wind-up motor inside. Set the planets in motion with a flick of your wrist! Take part in other exciting activities involving physics, air pressure, and density. Check out our real meteorite fragment sample! Watch a cosmic rocket shoot up fifty feet into the air! Be mesmerized as you assemble and take home your own stunt plane and learn about the four major forces of flight. You will also witness some neat demonstrations from your instructor. Watch as an egg is magically sucked into a bottle, behold a tornado being created, and much more in this fun and exciting program!



## Exploring Art: Fun & Fundamentals( Gr.K-2)

Recreation Star Center, 1170 Shippan Ave  
September 23 - November 25 (No class 11/14 & 11/11)  
Monday

4:15PM - 5:15PM

\$120.00 per child for eight weeks

Instructor: Lori Federico, Artist

Art fundamentals are not just about knowing your primaries from your secondaries or your warm colors from your cool ones it's about having a blast with what you know! Get ready to dive into the colorful world of art! In this class, you'll discover exciting basics and let your creativity soar. We'll play with various media to see how shapes, lines, patterns, and textures come together. Be inspired by different artists' techniques and create your own fantastic art projects. Join us for a fun-filled adventure where your imagination can run wild and every creation is a masterpiece!

## Chess Wizards (Gr. 1-5) In Person Chess Club

Recreation Star Center, 1170 Shippan Ave  
September 28 - November 16  
Saturday

9:30AM - 10:30AM

\$205.00 per child for 8 weeks

Instructor: Certified Chess Wizard Staff

Chess Wizards is a premier chess education company providing fun, informative, and challenging chess lessons to students. Chess Wizards teaches children many important life concepts, such as learning the ability to win graciously and accept defeat with dignity and sportsmanship. Students will be divided into groups according to their chess experience. At the end of this session, each student would have had the chance to participate in a mini-chess tournament.



## Barbie Couture & Beyond & Pattern Making & Sewing for Fashion Doll (Ages 9-14)

Recreation Star Center, 1170 Shippan Ave  
October 1 - November 12 (No camp 11/5)  
Tuesday

4:00PM - 5:00PM

\$180.00 per student for 6 weeks

Instructor: Molly Jacobson, MST

Does your doll have an event to go to and just doesn't have the right outfit? Well, fear not! Advanced beginner and intermediate Seamstresses and Tailors, this is the class for you. In this class you will learn how to make basic slopers for your 11" fashion doll that will allow you make everything from pajamas to dresses to coats in miniature size. Perfect for the doll on the go. If you already have sewing skills, you'll take those skills to the next level. If you are new to sewing, you will learn threading a needle to safe sewing machine practice. Results will vary based upon skill level entering class. All participants will make at least one doll outfit. The instructor will supply sewing kits and materials but students should supply their own doll.



# Afterschool & Weeknd Sports Programs For Youth

## Back Yard Games ( Gr. 1 - 2 ) - New

Recreation Star Center, 1170 Shippan Ave  
September 23 - November 25 ( No class 10/14 & 11/11)  
Monday

4:15PM - 5:15PM

\$80.00 per student for 9 weeks

Instructor: Recreation Staff

Play all your favorite back yard games like capture the flag, Dodgeball, sharks and minnows, freeze tag, basketball, soccer and more. A wonderful way to have fun and stay active afterschool.



## Might Might's Sports & Gym Games ( Ages 5 - 6 ) - New

Recreation Star Center, 1170 Shippan Ave

September 28 - November 16

Saturday

9:15AM - 10:15AM

\$80.00 per student for 8 weeks

Instructor: Recreation Staff

A fun program where young children can learn the basics skills about sports. Children will be involved in a variety of activities and games such as soccer, t-ball, basketball and more. **For boys and girls!**



## Peanut Basketball (Gr. 1 - 2)

Recreation Star Center, 1170 Shippan Ave

September 24 - November 19 ( No class 11/5)

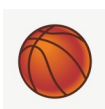
Tuesday

4:15PM - 5:15PM

\$80.00 per student for 8 weeks

Instructor: Recreation Staff

This program is for kids who are interested in learning the game of basketball in a fun and relaxing environment. Students will learn the basic skills, fundamentals and techniques of the game. We will work on dribbling, shooting, rebounding and more. Each week we will also play games to end the class. **For Boys and Girls!**



## Gym Madness ( Ages 7-10 ) - New

Recreation Star Center, 1170 Shippan Ave

September 28 - November 16

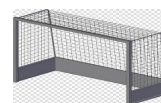
Saturday

10:30AM - 11:30AM

\$80.00 per student for 8 weeks

Instructor: Recreation Staff

Each week students will enjoy a new exciting gym game or sport such as dodge ball, steal the bacon, floor hockey, basketball and more! Great way to spend the time with a friend or meet a new one! **For boys and girls!**



## Pee Wee Basketball (Gr. 3 - 4)

Recreation Star Center, 1170 Shippan Ave

September 26 - November 21 ( No class 10/3)

Thursday

4:15PM - 5:15PM

\$80.00 per student for 8 weeks

Instructor: Recreation Staff

Learn the basic basketball skills: teamwork, shooting, passing, defense, offense & dribbling This is a fun stress free program for your child/children to enjoy each week and is **for boys & girls!**



## Super Sports (Gr. 1-3)

Recreation Star Center, 1170 Shippan Ave

September 25 - October 30

Wednesday

4:30PM - 5:30PM

\$60.00 per student for 6 weeks

Instructor: Recreation Staff

**Come join for this outside** sports class on our small turf field as learn and play games such as soccer, whiffleball, capture the flag, dodge ball and more! Participants should wear sneakers and appropriate out door clothing for this class during the fall! **For boys and girls!**

## All Stars Indoor Soccer (Gr.1 - 2)

Recreation Star Center, 1170 Shippan Ave

September 27 - November 22 ( NO class 10/4)

Friday

4:15PM - 5:15PM

\$80.00 per student for eight weeks

Instructor: Recreation Staff

This class is designed to perfect basic skills such as dribbling, passing and shooting. Participants will also play a mini game each week. Emphasis will be on fun & sportsmanship in a relaxing environment. **For boys and girls.**



# Youth Tae Kwon Do & Fitness Programs

## New Students/Beginner White Belt Tae Kwon Do For Youth with Mr. Wrigley (Ages 7 & Up)

Recreation Star Center, 1170 Shippan Ave  
September 9 - November 20 ( No class 10/14 & 11/4)  
Monday & Wednesday

**Students are expected to participate twice a week**  
5:45PM - 6:30PM

\$220.00 per child

Master Tim Wrigley, **6th Degree Black Belt**

Asst. Instructor: Mr. Lucas Tuccinardi, **4th Degree**

Asst. Instructor: Mr. AJ Tuccinardi, **4th Degree**

Taught safely with traditional values, Tae Kwon Do will help your child develop their physical coordination along with their concentration skills. Much more than learning the basic physical skills to defend themselves, Tae Kwon Do will help in all aspects of life, teaching respect for all things, giving them the positive influence and self confidence they will need to be successful at anything they do. Of course it is lot of fun to learn, and a good workout for our youth! Brand new students start out with the rank of " White Belt" and will work towards higher ranks (also indicated by color) which is designed to help them with goalsetting and obtain a sense of self achievement. A higher rank in Tae Kwon Do demonstrates a level of maturity and personal responsibility in the students. **Please Note:** All students that test for a promotion at the conclusion of the session **will be required to pay a \$40.00 testing fee.** Information will be passed out on how to pay the testing fee at the end of the fall session. **Registration starts online August 19th!**



## Krav Maga Kids (KMX) (Ages 7-13)

Located: Break Thru Family Fit 4 life/ 48 Union St  
September 16 - November 24

**Monday, Wednesday, Friday & Sunday**

5:00PM - 5:45PM- **Week Nights**

10:30AM - 11:15AM - **Sundays**

\$199.00 per student ( two days per week ) - **Sess. 1**  
(**Pick any two days**)

\$249.00 per student **three days per week** - **Sess. 2**  
Instructor: Tom Bacha & Kiberly Colletto

This is a unique kids version of the Israeli Self-Defense & Military Training System for ages 7-13. It uses drills & games to teach children life skills ,Personal Protection. Discipline Focus Common Sense. Also Self-Confidence. Classes begin with a full 20 minutes off un cardio drills (obstacle course, boot camp drills etc.), followed by realistic self-defense drills & end with Stranger Danger Awareness drills where flash cards are used to develop instinctive responses to dangerous situations.

## Team Wrigley Tae Kwon Do For Youth (Ages 7 & Up)

Recreation Star Center, 1170 Shippan Ave  
September 9 - November 21 ( No class 10/3 & 11/5)  
Day & Time By Rank

**Students are expected to participate twice a week**

**Yellow & Orange Belts (Beginner Rank):**

Monday & Wednesday - 6:30PM-7:15PM

**Green Belts & Blue Belts (Intermediate Rank):**

Tuesday & Thursday- 5:45PM - 6:30PM

**Red Belts**

Tuesday & Thursday - 6:30PM - 7:15PM

**Brown & Black Belts ( Under 12 yrs. Old)**

Tuesday & Thursday - 7:15PM—8:15PM

**Black Belts and Green thru Brown( 13 & Up)**

Monday & Wednesday 7:15PM - 8:15PM

\$255.00 per child

Master Tim Wrigley, **6th Degree Black Belt**

Asst. Instructor: Mr. Lucas Tuccinardi, **4th Degree**

Asst. Instructor: Mr. AJ Tuccinardi, **4th Degree**

This Martial Art Program is intended for students having completed the beginner Tae Kwon Do Program or those children who may have had prior martial arts experience elsewhere\*. Students enrolled who know the true benefit of Tae Kwon Do and how much fun it can be, will continue on their path to the eventual rank of Black Belt and beyond. Note that classes are separated by rank. Students can now Expect to develop to more advanced level Tae Kwon Do skills than they have ever achieved before. Returning students should enroll in the class time according to their rank. (\*Students with prior martial experience elsewhere should enroll in " White, Yellow& Orange Belt" timeslot. A skill assessment of the student (during first week of classes) will be completed by the Instructor determine starting rank. **Please Note:** All students that test for a promotion at the conclusion of the session will be **required to pay a \$40.00 testing fee.** Information will be passed out on how to pay the testing fee at the end of the fall session. **No class 10/14, 11/5, 11/11. Registration starts online August 19th!**

## Real Gym For Kids (Ages 7 &UP)

Break Thru Family Fit 4 Life, Union Street

September 16 - November 24

4:00PM - 6:00PM - **Mon. - Fri.**

9:00AM - 12:00PM - **Sat & Sun**

\$149.00 per student for 10 weeks / Unlimited days

Instructor: Kimberly Colletto, ACE Certified Trainer

A one-of-a-kind kids' fitness circuit with 10-12 strength and cardio machines. A REAL GYM, the only one around, with Kid sized equipment. Kids learn the right way to work out independently & form good habits for life. Great for kids who don't like competitive sports & a good supplement for sports conditioning. Program is customized to each child based on his/her individual needs. **Only 15.00 dollars per week** for your child to feel good! **All students must call Break Through Fitness (203 - 355-9395) for first time orientation. A Guardian must attend but will get a free membership if the child joins the gym. See Break thru Gym for Details.**

# Youth & Teen Soccer Programs

## Strategic Smart Soccer (Ages 5-13)

Lione Park

September 13 - October 11

Friday

5:00PM - 6:00PM (Ages 5-7) - **Sess. 1**

6:00PM - 7:00PM (Ages 8-10) - **Sess. 2**

7:00PM - 8:00PM (ages 11-13) - **Sess. 3**

\$220.00 per student, Includes Jersey, shorts & Socks

Instructors: WORK PLAN DIRECTED AND PLANNED BY ADEMIR WUCHI - CONMEBOL LICENSED COACH AND EXECUTED BY LICENSED COACHES:

**StartSmart+StartRight=StartPlayingSmartSoccerRight** (SPSSR) "Our S3a philosophy focuses on helping participants learn and improve their basic technical and fundamental soccer skills, such as ball control, vision, dribbling, passing, shooting, and defense. Through structured activities, engaging games, and practice sessions carefully planned for each session, we encourage players to think quickly, be creative, work hard, and develop their field vision."

## Eagles of Stamford Soccer Academy (Ages 5-14)

Location: Lione Park

September 4 - October 23- **Sess.1**

September 6 - October 22 - **Sess. 2**

Mondays & Wednesdays - **Sess. 1**

Tuesdays & Thursdays **Sess. 2**

Time:

5:00 PM - 6:00 PM/ ages 5-6-**Sess. A**

6:00pm - 7:00pm/ ages 7-8-**Sess. B**

6:00pm - 7:00pm/ ages 8-10- **Sess. C**

6:00pm - 7:00pm/ ages 11-14 **Sess. D**

Fee: \$210.00 (7 weeks program)

Instructors: Eddy, Edgar, Ricky, René (Certified Instructors) We specialize in technical development, motor skill training, & small sided games (rondos) Description: Soccer development program. At Eagles of Stamford, we create a fun, safe, and friendly environment that provides the necessary tools to enable each player to achieve success through motor skills as well as tactical learning while promoting physical fitness. Please bring a bottle of water and size 3 or 4 soccer ball.



## Eagles of Stamford Indoor Soccer Academy (Ages 5-13)

Location: CLC, Lathon Wider Gym, 137 Henry Street

October 29 - December 17

Tuesday

Time:

5:00 PM - 6:00 PM (Ages 5-6) -**Sess. 1**

6:00PM- 7:00PM(Ages 7-9)-**Sess. 2**

7:00PM - 8:00PM (Ages 10-12)- **Sess. 3**

Fee: \$120.00 Per student -**No Class Tuesday, November 5.**

Instructors: Eddy, Edgar, Ricky, René (Certified Instructors)

We specialize in technical development, motor skill training, & small sided games (rondos) Description: Soccer development program. At Eagles of Stamford, we create a fun, safe, and friendly environment that provides the necessary tools to enable each player to achieve success through motor skills as well as tactical learning while promoting physical fitness.

**Please bring a bottle of water & size 3 or 4 soccer ball.**

## Eagles of Stamford Soccer Academy (Ages 5-13)

Location: CLC, Lathon Wider Gym, 137 Henry Street

November 1 - December 20

Friday

Time:

5:00 PM - 6:00 PM (Ages 5-6)-**Sess. 1**

6:00PM - 7:00PM (Ages 7-10)- **Sess. 2**

7:00PM - 8:00PM (Ages 11-13) - **Sess. 3**

Fee: \$120.00 per student

Instructors: Eddy, Edgar, Ricky, René (Certified Instructors) We specialize in technical development, motor skill training, & small sided games (rondos) Description: Soccer development program. At Eagles of Stamford, we create a fun, safe, and friendly environment that provides the necessary tools to enable each player to achieve success through motor skills as well as tactical learning while promoting physical fitness. Please bring a bottle of water and size 3 or 4 soccer ball. **No Class Friday, November 29**



# Birthday Parties With Stamford Recreation

## Birthday Parties for Ages Pre K through 4th Grade

Stamford Recreation Services is pleased to offer Birthday parties at our Star Recreation Center on Friday nights 6:00pm – 8:00pm and Saturdays 2:00PM – 4:00PM. Our parties include 70 minutes of instructed time and 50 minutes of social time food, presents and cake. Children can pick from the following Themed Parties: **Classic Party** ( Games, arts & crafts and other activities) **Sports Party** ( You pick the sport) **Zumba Party/Dance Party**) a Hula Hoop Party or talk to our staff and design a theme that works for you. Cost is \$275.00 - \$299.00 per party which includes staff, equipment, goodie bags, decoration, balloons and a gift for the birthday child. The fee covers the cost of 20 total children up to 25 children for an extra \$10.00 per child. For more information, contact Dante Statum @ [Dstatum@stamfordct.gov](mailto:Dstatum@stamfordct.gov) or 203-977-4644

# Youth & Teen Sports Programs

## CT Sports Volleyball Clinics ( Grade 3-12)

Location: Scalzi Park/Lathon Wider Gym

September 18 - November 6

Wednesday

Times - Grade 9-12 - 4:30pPM- 5:30PM - **Sess. 1**

Grade 3-5 - 5:30PM- 6:30PM- **Sess. 2**

Grade 6 - 8 - 6:30PM- 7:30PM - **Sess. 3**

Fee: \$199.00 per student per session

Starting back in September, CT Sports Network will, once again, be holding our volleyball clinics throughout the fall at Scalzi Park (first few weeks) before moving indoors to the Lathon Wider gym.

The clinics are open to both new and experienced players and our certified coaches will focus on teaching skills, rotations, game scenarios and the rules of the game in a fun filled environment. Our clinics are open to players in 3rd through 12th grade. All activities will take place in an atmosphere which promotes good sportsmanship, teamwork and most of all, FUN! **All participants should have athletic shoes (or sand socks for Scalzi), water, some sun-screen applied and you may also wish to bring your knee pads as well.**

## Intro To Tennis (Ages 5-7)

Scalzi Park Tennis Courts

September 7 - October 5

Saturday

9:00AM -9:45AM - **Sess. 1**

9:50AM - 10:35AM - **Sess. 2**

10:40AM - 11:25AM - **Sess. 3**

\$80.00 per child per session for five weeks

This program is designed to be a fun filled introduction to tennis for children ages 5-7 with a game-oriented theme and utilizing 10 and Under Tennis racquet & balls. Each class will include 30 minutes of instruction and 15 minutes of tennis play. **Taught by GSTA Instructor. Registration starts online August 19th!**



## Tennis Basics (Ages 8-12)

Scalzi Park Tennis Court

September 7 - October 5

Saturday

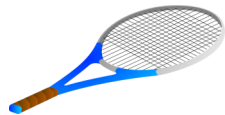
9:00AM - 9:55AM - **Sess. 1**

10:00AM - 10:55AM - **Sess. 2**

11:00AM - 11:55AM - **Sess. 3**

\$130.00.per child per session for five weeks

This program is designed to teach basic ground strokes and volleys to children ages 8- 12 who have already played some tennis or athletic rookies who are looking to test the talents in a new sport. **Taught by GSTA Instructors. Registration starts online August 19th!**



## CT Sports Basketball Clinics (Gr. 3-12)

Lathon Wider Gym

September 16 - November 18 ( No class 10/14 & 11/11)

Monday

Times: (Grade 3-5) 5:00PM - 6:00PM - **Sess. 1**

(Grade 6-8) -6:00PM - 7:00PM - **Sess. 2**

(Grade 9-12) - 7:00PM - 8:00PM - **Sess. 3**

Fee: \$199.00 per student per session

Get ready for the winter basketball season by starting early this fall! For 8 weeks through the fall season learn, shoot and play with our experienced basketball coaches. The CT Sports Network Basketball Clinics will be held at Lathon Wider Gym.

The clinics are open to both new and experienced players as you aim to perfect your skills for the winter season. Our experienced staff will work on a variety of skills with thousands of touches on the ball, transitions, court movements and game scenarios all in a fun filled environment. Our clinics are open to players in 3rd through 12th grade. All activities will take place in an atmosphere which promotes good sportsmanship, teamwork and most of all, FUN!

**All participants should bring water with them each week.**

## Youth Boxing Program (Gr. 6 - 10 )

Located: 1086 Hope Street

September - **Sess. 1**

October - **Sess. 2**

November - **Sess. 3**

**December - Sess. 4**

Monday - Thursday

4:00PM - 5:00PM

\$120.00 per **1month session/per student**

Instructor: Jesse Mendoza, **Certified Instructor**

Our Boxing Program offers a variety of classes which includes Boxing Technique, Strength Training and High Intensity Interval Training. Why choose boxing? Our Boxing Program creates a challenge both physically and mentally which offers many health benefits for all ages and fitness levels. Boxing is the perfect choice for anyone interested in a different type of workout, learning self - defense, losing weight, building confidence, seeking a positive life. **Registration starts online August 19th!**



**Registration begins for most Fall Programs on September 3, 2024. Some marked programs begin earlier registration online on August 19th!  
In Person Registration is Done By Appointment!**

# Hoop Girls - Whirl The World Programs

## THE HOOP GIRLS “WHIRL THE WORLD”(Gr.1-5)

### Davenport School:

Monday: September 16 - December 16 (Gr.2-5) Intermediate Level - 4:00PM - 4:55PM - \$210.00 per student - Sess.1

Tuesday: September 17 - December 3 ( Gr. 1-4) Beginner - 4:10PM - 5:10PM - \$210.00 per student - Sess. 2

Wednesday: September 18 - November 20 (Gr. 3-5) Advanced (Invite only)-4:10PM - 5:10PM - \$210.00 per student - Sess. 03

### Stillmeadow School:

Tuesday: September 17 - December 3 ( Gr.1-5) All Levels - 2:40PM- 3:40PM - \$210.00 per student - Sess. 4

### Stark School: (No class 10/31)

Thursdays: September 19 - November 21(Gr.1 - 5) All Levels - 3:50PM - 4:50PM - \$168.00 per child - Sess. 5

### Star Center:

Saturday: September 21 - November 16 (Gr. 1-2) Beginner - 12:00PM - 1:00PM - \$150.00 per child - Sess. 6

**Instructor:** Betty Kelly Camlin, Certified Instructor

You've probably seen them!. The Hoop Girls of Connecticut are everywhere. Parades, talent shows, festivals, dedications, fundraisers, pep rallies, block parties, holiday events and more. We love to share our love of Hoop dance with our wonderful community. With a big H - for HAPPY your Hoop Girl will have a whirl of a time hoop dancing, burning calories, & hooping it up to her favorite pop tunes with hand made designer Dance Fit Hoops. These hoops are slightly weighted, larger hoops, which makes learning easier for beginner yet challenging for the pro. Hoop Dance is a wonderful form of exercise, self expression, and creativity. It improves fitness, stamina, endurance, strengthens core, improves hand-eye co-ordination, proprioception, balance and motor skills. It's a phenomenal stress reducer. The endorphins flow and the smiles widen with each new Hoop Tick they master. For more details visit the website @ [www.thehoopgirlsofct.com](http://www.thehoopgirlsofct.com) Must wear Hoopgirl Shirt (\$20 given out 1st day) sneakers, leggings, or shorts in class. NO skirts, dresses, boots, crocs, sandals.. Betty of [bodywisebybetty@me.com](mailto:bodywisebybetty@me.com) the Director and creator of the program has provided a video on the Hoop Girl website, reviewing all you need to know about this program. IE: Admin fee, performances, outfits, behavior expectations in class, dress codes in class etc. as well as other information regarding class descriptions & levels If you are not sure what level your Hooper should be registered for please refer to the website for full class descriptions at [www.thehoopgirlsofct.com](http://www.thehoopgirlsofct.com) Betty also provides camps during every school holiday in her studio on Hope Street



## The Hoop Girls - “Fun To Be Fit” School Holiday Camps ( Gr. 1-5)

Bodywise By Betty Studio 990 Hope Street

Thursday, October 3, 2024 - Sess. 1

Friday, October 4, 2024 - Sess. 2

Monday, October 14, 2024 - Sess. 3

Tuesday, November 5, 2024 - Sess. 4

Fee: \$78.00 per child day includes pizza per single day plus snacks **per session**

Fee: \$68 when you book both days of Rosh Hashanah.

**Note: Rosh Hashanah pizza is on October 3 bring lunch October 4**

These are FUN, interactive FITNESS camps to help improve hoop dance skills and the fitness, endurance & stamina of our Hoop Girls. Which intern will help them when performing. You do not have to be a current Hoop Girl to enjoy this camp. We will teach you how to hoop. Camp includes: HOOP DANCE INSTRUCTION, Rebounding (aerobics mini trampolines), ZUMBA & YOGA In the GLOW (disco party setting) Ellipticals, treadmills, Incline Rower, Bosu Balls, Boxing, calisthenics, ART and more. Activities performed inside and outside to fun, high energy, kid friendly music. Trips to Domino's for lunch and Scoops for Ice Cream treat. (xtra fee) Hours are 930 to 4 PM. GIRLS Gr 1-5 (will take Gr K with older sibling) **Min 10 max 16 girls.**

Just bring water bottles and a beach towel all days Carry sneakers to Studio. Change them when you arrive. No electronics, no candy no juice no soda. Dress for being active.if you have any questions you can email Betty at [Bodywisebybetty@me.com](mailto:Bodywisebybetty@me.com).

Register [www.stamfordrecreation.com](http://www.stamfordrecreation.com) . You do not have to be a current Hoopgirl to join this camp. We will teach you how to hoop.

# Spring 2024 Youth Aquatics Swim Lessons

Location: Westhill High School Pool, 125 Roxbury Road, Stamford, CT

Fee: \$175 (10 Youth Classes per Session)

Registration For Fall Swim Lessons Begins September 3, 2024 online

## TUESDAYS

Dates: 9/24 thru 12/3

No Class 11/15

Level 1- 6:00PM-6:30PM

Level 1- 6:30PM-7:00PM

Level 2- 7:00PM -7:30PM

Level 3- 7:30PM -8:00PM

Level 4 - 8:00Pm - 8:30PM

## WEDNESDAYS

Dates: 9/25 thru 12/4

No class 11/27

Level 1-6:00PM - 6:30PM

Level 1-6:30PM -7:00PM

Level 2 -7:00PM - 7:30PM

Level 3-7:30PM - 8:00PM

Level 5-8:00PM - 8:30PM

## THURSDAYS

Dates: 9/26 thru 12/12

No class 10/3 & 11/28

Level 1-6:00PM-6:30PM

Level 2-6:30PM-7:00PM

Level 3-7:00PM-7:30PM

Level 4-7:30PM-8:00PM

Level 5-8:00PM-8:30PM

### Swim Class Level Descriptions

**Level One:** An introduction to water skills that helps children become comfortable in the water while learning basic water/safety skills. The class helps children learn to back float, and swim on their stomachs with their face in the water. We introduce combined arm and leg swimming action, & encourage confidence in independent swimming. **The child must be able to voluntarily get in the water, and put face in the water to participate in the class.**

**Level Two:** Building off of the Level One class, we introduce fundamental skills such as floating for longer periods of time without assistance, front and back gliding, and rolling from front to back for safe swimming. Kids are encouraged to swim on their own with minimal help. During the course of the class we cover, flutter kicking with pointed toes, streamline positioning, independent swimming on front/back, and much more. **The child must be able to back float without assistance, put face in the water while blowing bubbles, and be able to voluntarily swim on front and back with minimal assistance.**

**Level Three:** The children focus on coordinating arm and leg movements, and improving skills covered in Level Two, such as independent swimming on front and back. We introduce the elementary backstroke, breaststroke kick, swimming in the deep end of the pool and much more. **The child must be able to swim 10 meters on their front/back without assistance. Child must also be able to breathe out while face is in the water, breathe in while face is out (perform rotary breathing).**

**Level Four:** Stroke improvement is occasionally held in the 12-foot deep side of the pool. Child will be in the water without assistance learning to tread water, perform open turns, and improve all learned strokes. Swimmers are trained to improve their swimming stamina by introducing parts of all six strokes. **The child must be comfortable swimming in 12 feet deep water for the entire class. Must also have knowledge of side breathing, front crawl, back crawl, elementary backstroke, and be able to do a kneeling dive with minimal assistance.**

**Level Five:** This is the Stroke Refinement class level class we offer. This class works on swimming laps, perfecting stroke technique, and preparing children for competitive swim. In addition, the class introduces circle swimming and swim team terms. **For this class, child must have knowledge of all 6 strokes and be able to swim continuous laps. Swimmers should have knowledge of diving as well.**

\*\*if your child has an IEP or 504 plan and you agree to inform us after you register, we can better accommodate your child's needs. This will allow us to give them the best possible swimming experience.



**Stamford Parks & Recreation wants to hire YOU as one of our NEW lifeguards!**

**For more info check out [tinyurl.com/stamfordLG](https://tinyurl.com/stamfordLG) or email:**

**Jack Lyons at [jlyons@stamfordct.gov](mailto:jlyons@stamfordct.gov)**

# Music Programs For Youth & Teens

## Group Piano Lessons I

### For Beginners to Intermediate (Ages 6 - 14)

Recreation Star Center, 1170 Shippan Ave  
September 17 - November 19 (No class 11/5)

Tuesday & Wednesday

5:00PM - 5:45PM (All levels / Tues (Ages 10-14) - **Sess. 1**  
6:00PM - 6:45PM (All levels / Tues (Ages 6 - 9) - **Sess. 2**  
4:00PM - 4:45PM (Beginner 1 / Wed Ages 6 - 9) - **Sess. 3**  
5:00PM - 5:45PM (Beginner 2 / Wed (Ages 6 - 9) - **Sess. 4**  
6:00PM - 6:45PM (Early Inter. / Wed (Ages 10-14) - **Sess. 5**

\$250.00 per child for 9 weeks

Instructor: Bob Fiorito

This beginner program is a great way to introduce your child to the world of music. Unlike traditional piano instruction where students must plod through weeks of seemingly unrelated exercises, this program will have your child playing notes and music in no time at all. A book will be required and students should have a keyboard or piano at home to practice. **Max 4 per class.**

## Group Guitar Lessons with Mr. Truglio

### For Students (Grades 4 - 9)

Recreation Star Center, 1170 Shippan Ave  
September 18 - November 13

Wednesday

Beginner Group - 5:15PM - 6:00PM - **Sess. 1**  
Adv. Beginner/Intermediate - 6:00PM - 6:45PM - **Sess. 2**  
\$225.00 per student for 9 weeks

Instructor: Anthony Truglio

**Beginner Group:** Introduction to guitar. For beginners and players with a little experience. Finger dexterity, reading, chords around the guitar is all part of this program.

You must supply your own acoustic or electric guitar.

**Advance Beginner/ Intermediate Group:** Continued study of guitar techniques for students with 1 plus years of lessons. Music that is age appropriate will be used. You must supply your own acoustic or electric guitar. **Max of 4 students per class.**

## Piano Lessons with Mr. Fiorito Beginner to Early Intermediate

Recreation Star Center, 1170 Shippan Ave  
September 19 - November 21 (No class 10/3)

Thursday

4:00PM - 4:45PM

\$250.00 per student for 9 weeks Instructor: Bob Fiorito

You will need a piano or keyboard at home to practice. **For grades 4 & up / Gr. 3 & up if the student has completed our lower level group lessons.** The basics of piano note & rhythm reading will be taught in this class, as well as, learning to play the piano correctly. **Max of 4 students per class.**



# Concorde Education Programs for Youth & Teens

## Dungeons & Dragons (Gr. 2-3)

Recreation Star Center, 1170 Shippan Ave  
September 30 - December 2 (No class 10/14 & 11/11)

Monday

4:45PM - 5:45PM

\$160.00 per child for 8 weeks

Instructor: Concorde Education Staff

Concorde Education's Dungeon Masters provide students with a customized fantasy campaign drawing from Dungeons & Dragons lore. Students will design their characters, develop their backstory, and interact with their fellow group members as they engage in problem solving, storytelling, and overcome challenges. This class is an excellent vehicle to practice a variety of Social Emotional Learning skills including:

**Minimum Technology Requirements:** Chromebook or Ipad, D&D Dice set, pen and paper.

## Digital Music Production (Gr. 4-5)

Recreation Star Center, 1170 Shippan Ave  
October 10 - December 5

Thursday

4:45PM - 5:45PM

\$160.00 per child for 8 weeks

Instructor: Concorde Education Staff

Digital Music Production introduces students to the fundamentals of recording, mixing, and editing music on a Digital Audio Workstation. In addition to the technical aspects of music production, students will also learn the basic music theory to enhance their musical ideas.

**Minimum Technology Requirements :** All participants must have Chromebook or Ipad.





# Star Center Youth Programs

## Columbus Day School Break Program (Gr. K - 5)

Recreation Star Center, 1170 Shippan Ave

October 14, 2024

Monday

8:00AM - 5:00PM

\$55.00 per child per section

Instructor: Recreation Staff Schools are closed and your parents need to work! Come join us and enjoy a day filled gym games, sports, arts and crafts and more. Students need to bring a bagged lunch and a snack will be provided. **Space is limited for each program, so don't wait!**



## Friday Night Kids Club (Gr. K-5)

Recreation Star Center, 1170 Shippan Ave

Friday, October 11 - Sess. 1

Friday, November 8 - Sess. 2

Friday, December 6 - Sess. 3

6:00PM - 9:00PM

\$25.00 per child per session

Instructor: Erica Grant and Recreation Staff

This Friday night program will give children and their parents a night out. Each night will be theme based filled with fun and age appropriate activities. A snack and beverage will be served and each night is limited to 40 students. **Parents can enjoy a night out while we watch your kids!**

## Veterans Day School Break Camp (Gr. K - 5)

Recreation Star Center, 1170 Shippan Ave

November 11, 2024

Monday

8:00AM - 5:00PM

\$55.00 per child per section

Instructor: Recreation Staff Schools are closed and your parents need to work! Come join us and enjoy a day filled gym games, sports, arts and crafts and more. Students need to bring a bagged lunch and a snack will be provided. **Space is limited for each program, so don't wait!**



## Zumba Dance Neon Party for Ages 6 - 10 With Shannon

Recreation Star Center 1170 Shippan Ave

November 22, 2024

Friday

6:00PM - 7:30PM

\$14.00 per child per session / Includes snacks

The Zumba® Kids glow party with Shannon is the ultimate dance-fitness party for young Zumba fans ages 6-910 where they can play it loud and rock with friends to their own rules! This program features age-appropriate music and moves that get kids movin' to the beat. It's all about feeling fearless on the dance floor, reinforcing the idea that it's okay to just be yourself and dance like no one's watching! **Wear white or neon colors so you will glow!!!**

## Chemical & More Chemicals (Ages 5 - 12)

Recreation Star Center, 1170 Shippan Ave

October 14, 2024 - Columbus Day

Monday

9:00AM - 3:00PM

\$45.00 per child

Instructor: CT Computer Education staff  
Come join this hands on class with all the fun and no blame. Experiment with different agents to form new compounds. Is it liquid or solid? Protective wear is a must for this class and will be provided. Children are allowed to get messy. This class is ONE DAY and we are constantly doing experiments. We will be creating different chemical reactions. Please notify instructor of any allergies in advance. Playdough, Volcano, 3 Below Bubbles, Marbles, Marshmallow Building and Catapults. Please bring lunch and a snack. **MORNING CARE AVAILABLE FROM 830AM FOR \$5.00**



## Halloween Bingo Party & Pizza (Gr. K-5)

Recreation Star Center, 1170 Shippan Ave

October 25, 2024

Friday

6:00PM - 8:30PM

\$20.00 per child

Instructor: Recreation staff

Come dressed in your costume for a night of bingo with prizes and candy. We will also serve pizza and beverages during the event. The event is limited to the first 50 students so don't wait to register!



## Lego & K'Nex Building (Ages 5 - 12)

Recreation Star Center, 1170 Shippan Ave

November 11, 2024 - Veterans Day

Monday

9:00AM - 3:00PM

\$45.00 per child

Instructor: CT Computer Education staff  
So what's the easiest way to build a car, plane or tractor? What type of building blocks makes better machines? This class breaks down the building types with directions and using your imagination to build the most awesome things you can dream up. Children will work in groups and teams to challenge each other projects. Please bring lunch and a snack. No building pieces will be taken home. Pictures will be emailed home.

## Star Center Half Day Camp (Gr. K-5)

Recreation Star Center, 1170 Shippan Ave

Wednesday, September 25 - Sess. 1

Wednesday, October 30 - Sess. 2

12:30PM - 5:00PM

\$25.00 per child per session Instructor: Recreation Services Staff This Half Day School camp provides sports and recreational games designed to promote exercise, recreation, and fun in a relaxed, yet structured environment. Participants will play a variety of games from traditional sports and gym class favorites. We will also have board games and other activities.

**Limited to 25 children per session. If you contact the BOE your child can get busing from their Stamford school to the star center for these half day programs.**

## Ski Bums Friday Night Program 2025

### Ski Bums Friday Night Program (Gr. 4 -9 )

Where: Thunder Ridge Ski Area

When:

Friday, January 10, 2025 - Sess. 01

Friday, January 24, 2025- Sess. 02

Friday, February 7, 2025- Sess. 03

Friday, February 21, 2025 - Sess. 04

Departure: 4:00PM from the Government Center

Return: 10:00PM at the Government Center Lobby

Fee: \$50.00 per trip for lift ticket & transportation per trip

\$40.00 per person extra for ski rentals per trip

\$50.00 per person extra for ski lessons per trip

Description: Back this winter by popular demand for the seventeenth season! This Friday night ski program is open to students grades 4 through 9 and will be offered on four Friday evenings this winter. We will travel to **Thunder Ridge Ski Area in Patterson New York** to enjoy an evening of skiing and/or snow boarding. If your child does not know how to ski or they just want to brush up on their skills, lessons are available. Ski rentals are also available. Students can pack a meal for each trip or bring spending money and enjoy dinner at the ski lodge. What a great way for your child to spend a Friday night with friends! We travel by Coach Bus! If a trip is canceled due to poor weather conditions we will try to reschedule for another date. **Registration Begins November 1st, 2024! Refunds are not granted for anyone that misses a trip unless it meets the city refund policy on page two.**



## The Annual Hay Ride with Santa 2024

### The 24th Annual Hay Ride With Santa At Cove Island Park

Where: Cove Island Park - Ride starts by the Pavilion.

When: Saturday, December 7, 2024 - Day 1

Saturday, December 14, 2024 -Day 2

Time: 10:00AM -1:00PM & 2:00PM - 4:00PM - Both Dates

Fee: \$8.00 per person (all riders must have a ticket)

Staff: SANTA, and The Recreation Services Staff

**Come join us for the 24th Annual Hay Ride** with Santa at Cove Island Park. This wonderful family event is open to Stamford residents. Bring the family or come with friends, and enjoy a horse drawn trip around Cove Island Park. Santa will sing holiday songs with the children and at the end of each ride they will get to sit on Santa's lap and receive a small treat. After the ride, participants can enjoy holiday music, cookies, and cocoa under the decorated pavilion. Don't miss this wonderful holiday event. Let us help your children create memories that last a lifetime. Tickets must be purchased in advance for this event and will go on sale **November 1, 2024** The event has sold out for the past 23 years. Note: Tickets will be sold per half hour slot and there will be a maximum of 26 tickets per ride sold. **A max of 10 tickets per family may be purchased and no tickets will be sold the day of the event. Tickets will once again be sold online this year.**



# Adult Programs

## Mohegan Sun Casino Trip

October 19, 2024  
Saturday  
Depart Government Center Lobby at 8:00AM  
Return: Government Center Lobby at 6:00PM  
\$40.00 per person per trip/includes drivers tip  
Come let us do the driving and enjoy a day at the Foxwoods Casino. Try your luck at table games, Poker, keno Bingo and slot machines. Enjoy a day of great entertainment, shopping and food.

## Tennis Basics Adults & Teens

Scalzi Park Tennis Courts  
September 7 - October 5  
Saturday  
11:00AM – 11:55AM  
\$155.00 per person per session  
Instructor: GSTA STAFF



This program is designed to be an introduction to tennis. Participants will be taught the fundamentals of forehand, Back hand, serves and volleys as well as the rules of the game. **Registration starts online August 19th!**

## Women's Only Gym

Located: Break Thru Family Fit For Life  
September 16 - November 24  
7:00AM- 9:00PM- Mon-Fri.  
7:00AM- 3:00PM- Sat.& Sun.  
\$125.00 per person for 10 weeks / Unlimited days Instructor: Personal Trainer: Kimberly Colletto  
Intimidated by free weights? Don't like large gyms? Hate the crowds? This easy 30-minute workout combines cardiovascular exercise and strength training utilizing machines designed specifically for women. A staff personal trainer will get you started with a fitness evaluation, equipment instructions and help you establish goals. **Break Thru to a new you!!!**

## Krav Maga Adults (KMX)

Break Thru Family Fit 4 life, 48 Union St.  
September 16 - November 24  
6:30PM - 7:30PM  
Mon, Tues & Thurs  
10:30AM - 11:30AM - Saturday  
11:15AM - 12:15PM - Sunday  
\$249.00 per person for 10 weeks unlimited  
Instructor: Tom Bacha



Krava Magai s the official Self-Defense and Fighting System of the Israeli Defense Forces and various police departments through the United States. This highly effective easy to learn system of Self-defense is offered for men/women of all ages & skill levels!

# Pickleball For Adults

## Stamford Recreation Pickleball

For all pickleball class & clinic information please visit our website, [www.stamfordrecreation.com](http://www.stamfordrecreation.com).



## Fall Ice Skating Programs at **TERRY CONNERS RINK**

All Ice Skating is at Terry Connors Rink, 1125 Cove Road located in Cove Island Park in Stamford. All Registration must be done directly with Terry Connors Rink. We do not have online registration but all forms are listed on our website – [www.tcrink.com](http://www.tcrink.com) and can be emailed to [terryconners@stamfordct.gov](mailto:terryconners@stamfordct.gov) or called in to the rink office at (203)977-4728.

### **Pubic Skating Sessions**

Our Public Skating is offered during weekdays and on the weekends. Please check our website for public skating hours at [www.tcrink.com](http://www.tcrink.com). We offer group rates for groups over 15 with a reservation. Our admission rates are Child U18 - \$8.00, Adults - \$10.00, Skate Rentals - \$4.00.

### **Open Hockey**

TCR has Open Hockey Sessions for all ages year round. Please check our website for these sessions at [www.tcrink.com](http://www.tcrink.com). Admission rates are \$15.00. All skaters under the age of 17 must wear full equipment and adults must wear helmet and gloves. Bring your own pucks!

### **FREESTYLE SESSIONS**

TCR offers Freestyle Sessions at \$20.00 per session. Please check our website for these sessions at [www.tcrink.com](http://www.tcrink.com). Freestyle sessions are for advanced skaters for practice and private lesson time. The Skating Club of Southern CT offers Sessions on Tuesdays from 4:00-5:00pm. You must be a member of the SCSC Club. [www.skatescsc.com](http://www.skatescsc.com).

### **MULTI USE DISCOUNTS**

TCR offers multi use discounts for Stamford Residents for Public Skating, Freestyle, and Open Hockey Sessions. Discounts are 10 paid for 13 sessions. Please inquire and purchase at Rink Office.

### **STAMFORD YOUTH HOCKEY**

Stamford Youth Hockey runs a Learn to Play Hockey on Saturday mornings from September thru April; for more information or to register – [www.syha.org](http://www.syha.org)



### **FALL GROUP SKATING LESSONS**

Ages 4 and up – All Levels

Beginners thru Freestyle Classes

**Dates: Sept. 5 thru October 26, 2024**

Our group lessons are offered on Thursdays or Saturdays. Please check our website for specific times for your age and level. Basic 1 is for beginners aged 6 and above and Snowplow Sam 1 is for beginners 4 & 5. We offer all levels through Basic 6 and all Freestyle levels and Specialty Classes including Intro to Synchro, Moves Classes, Advanced Freestyle, and Intro to Hockey. The Intro to Hockey class is for ages 4-10 who have passed Basic 2 and who can skate forward, backwards and stop. Registration is done with Terry Connors Rink. Call Rink directly at 203-977-4728 to register. Our website is [www.tcrink.com](http://www.tcrink.com) and our email address is [terryconners@stamfordct.gov](mailto:terryconners@stamfordct.gov).

**Fee for the 8-week cycle is 180.00**

**(Lesson is 160.00, learn to skate membership is 20.00)**

### **TCR Programs & Ice Rentals**

Terry Connors Ice Rink, located in beautiful Cove Island Park has served the skaters of Stamford and its surrounding neighbors since 1973. The Rink is owned and operated by the City of Stamford, offering affordable hockey, figure skating, and basic skill lesson

**TO CONTACT TERRY CONNERS CALL (203) 977-4728**