

City Of Stamford

Mayor Caroline Simmons



Stamford Parks & Recreation Winter Brochure 2025

Phone: (203) 977-5214 Fax: (203) 977-5504

888 Washington Blvd, 6th Floor www.stamfordrecreation.com

Registration for Most Winter Programs begins online December 3, 2024



@stamfordparksrec

Welcome To Stamford Parks & Recreation

Department Staff:

Director of Parks & Recreation: Kevin Murray
Assist. Superintendent: Scott Kassouf
Assist. Superintendent: Megan Gearhart
Recreation Supervisor: Jack Lyons
Recreation Leader: Dante Statum
Customer Service Specialist: Tina Baines
Account Clerk II: Karla Parham

Parks & Recreation Commission

Chair Parks & Recreation Commission: Melanie Hollas
Parks & Recreation Commission: Angela Adetola
Parks & Recreation Commission: Michael Tedder
Parks & Recreation Commission: Paul Newman

Office Hours:

Monday - Friday - 8:30AM - 4:30PM
Recreation Office located at 888 Washington Blvd.
OR On- line for residents by logging on to
www.stamfordrecreation.com **Registrations can only be paid by credit card on line with a Visa or Master card.**

Recreation Office Holidays:

Tuesday, December 24, 2024 - **Half Day**
Wednesday, December 25, 2024 - **Christmas Day**
Wednesday, January 1, 2025 - **New Years Day**
Monday, January 20, 2025 - **MLK Day**
Monday, February 17, 2025 - **President's Day**

Fee Payment:

Instructors CANNOT accept registration at the class. Fees must be paid at the Recreation Services Office in advance or on-line. Payments may be made by cash, check and credit card only. Credit cards will be accepted at the Recreation Services Office, or on line with Visa and Master Card Only! **You must be 16 years old to register for adult programs & 21 years of age for casino trips.** All checks should be made payable to the City Of Stamford. If a check is returned to Recreation Services for any reason, a cash or money order payment of \$50.00 plus the face value of the check is required immediately.

Reduced Fee Policy:

With the Stamford Public School serving lunch to all students this school year the free and reduced lunch letters will not be available. If you have snap, you can receive a letter from the BOE for proof. If you do not have Snap, Parents must complete the Household Income Survey in their parent portal on the BOE website. This will provide proof of eligibility for the camp reduced fee and a copy of that survey form must be submitted at the time of registration. Without that document you will not qualify for the reduced rate at registration. There is also a maximum number of reduced fee slots available per program or camp.

Refund Policy:

Refunds shall be granted before a class begins for an incapacitating medical hardship with a doctor's note, relocation with documented proof or if a waiting list is available and the spot can be filled. **Any approved refund will be granted minus a 15% processing fee, no exceptions!** If we cancel a program for any reason, there will be a full refund with no processing fee. Any refund granted after a class begins shall be prorated in addition to the 15% processing fee. If false information is given on a registration form, the registration is null and void and there will be no refund.

Recreation Star Center:

The Stamford Recreation Star Center is located at 1170 Shippan Ave in Stamford. The Recreation Star Center is Open Monday through Saturday offering programs from preschool age through adults! **Registration for all programs held at the Star Center are done the Recreation Services Office located the Stamford Government Center or online.** If you have any questions please go to our website: www.stamfordrecreation.com or call us at **203-977-5214.**

Registration Procedure:

Stamford residents are given first priority to register for all programs. Non-Residents may register for programs on an availability basis one week prior to the start of the program with a \$10.00 surcharge. This does not apply to athletic leagues which have separate eligibility polices. Registrations are not accepted at any of our programs & must be done in advance at the Recreation Office or **ONLINE. Payments cannot be made at The Recreation Star Center!** The Stamford Recreation Star Center is located at 1170 Shippan Ave in Stamford. The Star Recreation Star Center is Open Monday through Saturday offering programs from preschool age through adults! Registration for all programs held at the Star Center are done the Recreation Services Office located the Stamford Government Center or online. If you have any questions please go to our website: www.stamfordrecreation.com or at **203-977-5214.**

Registration begins for most Winter Programs on December 3, 2024. Registration for Preschool holiday classes, Holiday special events & December Vacation Camps begin November 6 , 2024.

In Person Registration is Done By Appointment!

Stay & Play Preschool 2025 - 2026

Recreation Star Center, 1170 Shippan Ave

September 2025 – June 2026 (Following Stamford Public School Calendar)

Tuesday Wednesday & Thursday – 3 year old program – Sess. 01

Tuesday, Wednesday, Thursday & Friday – 4 year old program – Sess. 02

Time: 9:15AM – 12:15PM

\$4,300.00 per year (3 Year olds / 3 times per week) **Can be paid in 4 payments of \$1,075.00**

\$5,600.00 per year (4 year olds / 4 times per week) **Can be paid in 4 payments of \$1,400.00**

A \$500.00 Non - refundable deposit is due at the time of registration & the deposit will be deducted from your final payment. **Registration is open until the program fills and will begin on Monday, December 2, 2024 at the recreation office located on the sixth floor of the Government Center in Stamford.**

Instructors: Beth Covino, **Preschool Instructor** & Victoria Eldridge, **Preschool Instructor**

Our exciting preschool program specifically **designed for 3 and 4 year old's**. Children will gain independence and self-confidence in our play based approach to early learning focused on socialization and cooperation. This hands on, active environment will encourage exploration and discovery. Activities will include creative expression, dramatic play, music and movement, large and small motor activities, early literacy, sensory activities, math readiness and outdoor play. We also offer a **“Lunch Bunch”** option for students two days a week that will extend the school day until 1:30pm on those assigned days. Families will be required to sign up on a monthly basis and pay in advance. This will begin in October 2025 and run through June 2026 for the four-year-old program. The Lunch bunch will also be available to the three year olds starting in February 2025. **To schedule a visit call 203-977-5018 or @Skassouf@stamfordct.gov** All students registering for the program must be 3 years old by October 1, 2025 to be eligible for the program but may be flexible! All children must be potty trained to attend this preschool program.



Holiday Programs for Preschoolers

Turkey Toddler Craft Time (Ages 1-3)

Recreation Star Center, 1170 Shippan Ave

November 20, 2024

Wednesday

11:15AM -12:00PM

\$18.00 per child per section

Instructor: Jen Lupinacci

Get ready to celebrate Thanksgiving by crafting keepsake turkey decorations with your toddler! We will use simple materials to create lasting memories. We will read stories and have parachute time too!

A caregiver and me class!

Note: registration for this program begins November 6th online!



Turkey Day Cookie Decorating (Ages 1-3)

Recreation Star Center, 1170 Shippan Ave

Tuesday, November 19 - **Sec. 1**

Thursday, November 21 - **Sec 2**

Wednesday

11:15AM -12:00PM

\$18.00 per child per section

Instructor: Jen Lupinacci

Thanksgiving themed cookie decorating. Come enjoy the fun of frosting! We will make a simple craft to take home and decorate sugar cookies that get to be enjoyed by all!

Caregiver and me class.

Note: registration for this program begins November 6th online!



HOLIDAY EVENTS

Holiday Programs for Preschoolers

Handprint Keepsake Ornaments! (Ages 1-3)

Recreation Star Center, 1170 Shippan Ave

Tuesday, December 3 - **Sec. 1**

Wednesday, December 4 - **Sec. 2**

11:15AM - 12:00PM

\$18.00 per child per section

Instructor: Jen Lupinacci

They are only small for such a short time - come make a special keepsake handprint ornament to be cherished or given as a great gift. We will be working with modeling magic clay and also paint (please dress accordingly). This is a fun way to always remember how little they once were! We will be listening to festive music while we work.

Caregiver and me class! Registration begins November 6th online!



It is Time to Decorate Your Christmas Tree (Ages 2-4)

Recreation Star Center, 1170 Shippan Ave

Tuesday, December 10 - **Sec. 1**

Wednesday, December 11 - **Sec. 2**

11:15AM - 12:00PM

\$18.00 per child per section

Instructor: Jen Lupinacci

Nothing is more fun than decorating your own Christmas tree! We will create a keepsake felt Christmas tree and make ornaments that can be used to decorate your very own tree.

We will also decorate a Christmas tree that can be eaten!

What fun we will have all while listening to holiday music. **A caregiver and me class. Registration begins November 6th online!**



Do You Want to Build a Snowman (Ages 2-4)

Recreation Star Center, 1170 Shippan Ave

December 5, 2024

Thursday

11:15-AM-12:00PM

\$18.00 per child per section

Instructor: Jen Lupinacci

There is a chill in the air and what is more fun than building a snowman?? We will build a snowman that is soft and snuggly! The children will also be able to decorate snowman cookies that they can enjoy for a snack all while listening to holiday music. **Caregiver and me class.**

Registration begins November 6th online!



Holiday Pajama Party (Ages 1-3)

Recreation Star Center, 1170 Shippan Ave

Thursday, December 12 - **Sec. 1**

Thursday, December 19 - **Sec. 2**

11:15AM - 12:00PM

\$18.00 per child per section

Instructor: Jen Lupinacci

Come dressed in your favorite holiday pajamas!!

What can be more fun than a lazy day in our PAJAMAS ?

How about fun holiday crafts, stories and songs in our pajamas. We will have a fun holiday treat also!

Registration begins November 6th online!



Holiday Themed - Play and Learn (Ages 1-3)

Recreation Star Center, 1170 Shippan Ave

Tuesdays - November 19 - December 17 - **Sec. 1**

Wednesdays - November 20, - December 18 - **Sec. 2**

Thursdays - November 21 - December 19 - **Sec. 3**

9:30AM - 11:00AM

\$55.00 per child per section for 4 weeks

Instructor: Jen Lupinacci

Play with a purpose introduces your toddler to the experience of preschool with a caregiver. Our classroom will be set up with child-initiated activities. There will be centers to explore...holiday themed play doh, painting and more. Plus simple holiday projects. We will have a circle time with songs and stories. A festive snack will be provided. We will play in our spacious gym or, weather permitting, outside on our playground. This will encourage movement and independence in a fun and safe environment. A great way for your child to continue to develop both fine and gross motor skills, learn about transitioning to the next activity and spatial awareness. A child and caregiver class. **A child and caregiver class. Registration begins November 6th!**

Gingerbread House Decorating (Ages 2-4)

Recreation Star Center, 170 Shippan Ave

Tuesday, December 17 - **Sec. 1**

Wednesday, December 18 - **Sec. 2**

11:15AM - 12:15PM

\$22.00 per child per section

Instructor: Jen Lupinacci

There's nothing like a gingerbread house. They are as much fun to make as they are to eat! Join us for this one day event where you will decorate a gingerbread house to take home and sing songs inspired by the season! Limited to 14 children. **A caregiver and me class. Registration begins November 6th online!**



Preschool Programs

Play and Learn (Ages 1-3)

Recreation Star Center, 1170 Shippan Ave

January 14 - March 6

Tuesday - 9:30AM - 11:00AM - **Sess. 1**

Wednesday - 9:30AM - 11:00AM - **Sess. 2**

Thursday - 9:30AM - 11:00AM - **Sess. 3**

\$125.00 per child once a week for 8 weeks per section

Instructor: Jen Lupinacci

Play and Learn introduces your toddler to the experience of preschool with a caregiver. Our classroom will be set up with child-initiated activities. There will be centers to explore...play doh, painting and more. We will have a circle time with songs and stories. A snack will be provided. We will play in our spacious gym or, weather permitting, outside on our playground. This will encourage movement and independence in a fun and safe environment. A great way for your child to continue to develop both fine and gross motor skills, learn about transitioning to the next activity and spatial awareness. **A caregiver and me program!**

Let's Get Messy (Ages 1-3)

Recreation Star Center, 1170 Shippan Ave

January 17 - March 14 (No class 2/14)

Friday

10:30AM - 11:30AM

\$100.00 per child for 8 weeks

Instructors: Jen Lupinacci

Jump into art - we will explore different art mediums in this class. Paint, clay, wood and even rocks! The children will be encouraged to use their natural sense of curiosity while exploring different textures and sensory combinations to create their own toddler art. Being free to create builds confidence in children. **This is a caregiver and me class.**



Once Upon A Story Time (9 months - 3 Yrs.)

Recreation Star Center, 1170 Shippan Ave

January 15 - March 5

Wednesday

11:15AM - 12:00PM

\$100.00 per child for 8 weeks

Instructors: Jen Lupinacci

Time to step into a story - we will enjoy story time with special weekly themes! There will be activities, crafts and songs! There will be sensory driven activities to help reinforce fine motor skills and continued brain development.

A caregiver and me class.



Hands On Science (Ages 2-4)

Recreation Star Center, 1170 Shippan Ave

January 16 - March 6

Thursday

11:15AM - 11:55AM

\$100.00 per child once a week for 8 weeks

Instructor: Jen Lupinacci

It's full STEM/STEAM ahead in this hands on class. We will explore something new every week-while applying simple scientific aspects that children can relate to. We will have a lot of fun with simple experiments and hands on exploring. The children will be allowed to help mix -stir and possibly EXPLODE our experiments! Themes may include dinosaurs, volcanoes, magnets, hibernation, space and more! **A caregiver & me program!**



Munchkin Sports & Games (Ages 2 - 3)

Recreation Star Center, 1170 Shippan Ave

January 17 - March 14 (No class 2/14)

Friday

9:30AM - 10:10AM

\$100.00 per child for 8 weeks

Instructors: Jen Lupinacci

Children will have lots of fun learning new games & sports each week. This program will allow children to work on their gross motor skills, learn the basics of team sports & give each child confidence while having fun. Creative movement exercise, soccer balls, basketball and games are just a few of the activities/sports we will cover. **A caregiver & me program!**



Little Cooks (Ages 3-5 yrs old)

Recreation Star Center, 1170 Shippan Ave

January 15 - February 26 (No class 2/19)

Wednesday

1:00PM - 2:00PM

\$240.00 per child for 6 weeks

Instructors: Fiddleheads Cooking Studio

Preschoolers will enjoy a flavorful adventure at these fun and educational cooking classes, where they will learn where food comes from using seasonal and fresh ingredients. It's all about food exploration, as children are encouraged to touch, smell and taste all ingredients. They will learn how to collaborate together to create their dish and how to use kitchen tools safely as they take turns measuring and mixing - giving them the confidence they need in the kitchen! As their dish cooks, they will enjoy story time, a fun art project or activity. This class offers great bonding time between the child and caregiver as you cook and taste your final creations together! **Parents or caregivers must stay for class.**



Preschool & Youth Programs

Learn Spanish Through Music (6 months - 4 Years old)

Recreation Star Center, 1170 Shippan Ave
January 6 - March 24 (No class 1/20 & 2/17)
Mondays
9:30AM - 10:10AM (6 months - 2 yrs. Old) -**Sess. 1**
10:20AM - 11:00AM (Age 2 - 4) - **Sess. 2**
\$240 per child for 10 weeks/per section
Instructors: Armelle For Kids Staff
A multi-sensory approach to language acquisition based on songs chosen to teach a selection of vocabulary and sentence structures. Visual, audio, and tactile stimuli are all intertwined to allow your child to acquire the language in depth while having fun. This method has proven to be effective with children as young as 6 months old! Instrument playing, sing-along games, finger-play, and puppets are used to enhance comprehension through repetition while hearing and feeling the rhythm of the language.

Basics to Building (Ages 3 1/2 - 6) - New

Recreation Star Center, 1170 Shippan Ave
February 18 - March 11
Tuesday
1:00PM - 2:00PM
\$115.00 per child for 4 weeks
Instructor: CT Computer Education staff
Young children love to build and building is a great way to enter the world of engineering! Our hand- on exploration of simple machines introduces the basic concept of physical science and engineering. Children will use the Duplo ® Building System to create animals and machines. Children will build with a buddy. No Lego's will be taken home. Pictures emailed home. **MAX 10 Children.**



Santa Calls!

Once again this holiday season, children **ages 3-8** can receive a personal call from Santa Claus. All calls from the North Pole will be made on **Tuesday, December 17, 2024 from 5:15PM - 7:45PM**. This program is free for Stamford residents and **NO LONG DISTANCE CALLS!** This program is only a phone call from Santa & no gifts are supplied. Please also remember that Santa will place the call. North Pole operators will not accept calls from your child/children. To have your child receive a call, please download a form at www.stamfordrecreation.com Forms must be received by December 13, 2024 by 3:00PM. All forms **can faxed 203- 977-5504 or emailed to Dstatum@stamfordct.gov**. For more information, please call Santa's helpers at 203-977-5214



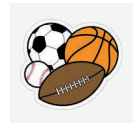
Discovering Dinosaurs (Ages 3 - 5) - New

Recreation Star Center, 1170 Shippan Ave
January 11 - February 8
Saturday
9:30AM - 10:15AM
\$150.00 per child/5 weeks
Instructors: Snapology Staff
Students will travel far back in time and explore the world of the stegosaurus, tyrannosaurus, and raptors. They will identify basic body parts, habitats, and diets of some of their favorite dinosaurs, all while practicing counting and colors, and having fun!



Pre-K Games & Activities (Ages 2-5) - New

Recreation Star Center, 1170 Shippan Ave
March 1 - March 22
Saturdays
9:30AM - 10:00AM (Ages 2 -3) - **Sess. 1**
10:00AM - 10:30AM (Age 4 - 5) - **Sess. 2**
\$99.00 per child for 4 weeks/ per section
Instructors: A1 Athletics Staff
Embark on an action-packed journey where you'll explore the exciting world of sports! Our Pre-K games and activities class is designed to introduce your little ones to a variety of sports, games, and activities in a fun and engaging way. Through play, your child will develop essential motor skills, coordination, and teamwork while discovering their favorite sports. From kicking soccer balls, throwing basketballs, to running relay races, every class will bring new adventures and discoveries.



Indoor Soccer Tikes for (Ages 3-7)

Recreation Star Center 1170 Shippan Ave
January 11 - February 15
Saturdays (Max of 20 kids per class)
9:00AM - 10:00AM - Koalas (3 - 4) year olds) - **Sess. 1**
10:00AM - 11:00AM - Bears (5 - 7) year olds - **Sess. 2**
\$120.00 for 6 weeks per child
Kevin Fallon, Certified Instructor
Kids should wear sneakers & comfortable clothing. At Soccer Tikes, we stress a non-competitive environment. This is a child development program for kids ages 3 - 7. Classes are designed to develop motor skills, promote physical fit-ness, and create self-confidence. We also mix fun, skill development activities with actual small sided games.



Star Center Dance Programs

Tiny Tu-Tu's (Ages 2.5 - 3.5)

Recreation Center, 1170 Shippan Ave
January 11 - March 22 (No class 2/15)

Saturday

10:00AM - 10:45AM

\$220.00 for 10 weeks

Instructors: Ms. Debbie

Get your Tu-Tu's out! It's time to twirl & leap to classical music. During this 45 minute class, your little dancer will learn basic ballet techniques as they move to the beautiful sounds of classical music. **Max of 10 children per class!** Please note the program is not a parent & me class, it is designed to promote dancer independence. **Parents will be required to wait outside the class.**



Fairytale Ballet (Ages 3 - 5)

Recreation Star Center, 1170 Shippan Ave
January 6 - March 24 (No class 1/20 & 2/17)

Monday

4:30PM - 5:30PM

\$220.00 for 10 weeks

Instructors: Ms. Danette

Learn classic ballet stories like Nutcracker and Swanlake while dancing to the music of famous composers. During this class your dancer will learn the positions of the body, how to travel through space, and connect movements to create the ballet story. Dance outfit, pink leotard, pink tights, pink slippers, or black leggings, white t-shirt, and black ballet slippers. **Bring a labeled water bottle.**



Movin N Groovin (Ages 2 & 3)

Recreation Star Center, 1170 Shippan Ave
January 11 - March 22 (No class 2/15)

Saturday

9:30AM - 10:15AM

\$220.00 for 10 weeks

Instructor: Ms. Danette

In this class your child will have the opportunity to express themselves creatively through movement and music while practicing valuable gross motor skills. Age appropriate dance technique will be explored along with dance games, singing and free dance. **Comfortable play clothes encouraged.**



Hip Hop/Funk (Gr. K - 6)

Recreation Star Center, 1170 Shippan Ave
January 7 - March 11

Tuesday

4:30PM - 5:30PM (Gr. K-3) - **Sec. 1**

5:30PM - 6:30PM (Gr. 4-6) - **Sec. 2**

\$220.00 for 10 weeks per section

Instructors: Ms. Debbie

This class is one hour fun filled class is for the person who loves to dance around the house. Why not take it to the beautiful Star Center and shine even brighter! Dress comfortably. Hip hop sneakers or Jazz shoes. **No street shoes.**



Ballet for Children (Gr. K-3)

Recreation Star Center,, 1170 Shippan Ave

January 6 - March 24 (No class 1/20, 2/15 & 2/17)

Monday (K-3) 5:30PM - 6:30PM - **Sec. 1**

Wednesday (Gr. K -3) 4:30PM- 5:30PM - **Sec.2**

Saturdays (Gr.4-6) 11:00AM - 12:00PM - **Sec. 3**

\$220.00 for 10 weeks per section

Instructors: Ms. Debbie

Ballet- This class is a ballet class with concentration on technique, leaps, turns, and group collaborations to a variety of classical and modern baletic music. Your dancer will twirl with delight as they master their art while having the opportunity to develop new friendships.

Black leotard, pink tights, and pink ballet slippers. Long hair should be up and in a bun. Bring a water bottle.

Shinning Stars Jazz (Gr. K- 6) - New

Recreation Star Center, 1170 Shippan Ave

January 9 - March 13

Thursday

4:30PM - 5:30PM (Gr. K-3) - **Sec. 1**

5:30PM - 6:30PM (Gr. 4-6) - **Sec. 2**

Instructor: Ms. Danette

\$220.00 for 10 weeks per section

In this fun filled jazz class your dancer can expect to hear jazz music from some of the most famous musicians and singers while learning jazz technique and movements like isolations, leaps, and jumps. **Wear black leotard or black t-shirt and black jazz pants or leggings with black jazz shoes.**



Ballet Tap Combo (Pre - School to Gr. 6) - New

Recreation Star Center, 1170 Shippan Ave

January 15 - March 22 (No class 2/15)

Wednesday - 5:30PM - 6:30PM (Gr. 4 - 6) - **Sec. 1**

Saturday - 10:30AM - 11:15AM (Ages 3-5) - **Sec. 2**

Saturday - 11:30AM - 12:30PM (Gr. K-3) - **Sec. 3**

\$220.00 for 10 weeks per section

Instructor: Ms. Danette

Dancers begin class with ballet stretches and technique before changing ballet slippers to tap shoes to shuffle through the rest of class. Wear black leotard or black t-shirt and black jazz pants or leggings with pink ballet slippers and black tap shoes. **Bring a labeled bottle of water.**



Preschool & Youth Sports Programs

USA Sport Group - Preschool Multi Sports Classes (Ages 2.5 - 5.5)

Lathon Center - 137 Henry St. Stamford

Saturdays

January 11 - February 22 - **Sess.1**

\$179 per child for 7 weeks

March 8 - March 29 - **Sess.2**

\$109 per child for 4 weeks

8:45AM - 9:25AM (Ages 2.5-3.5) - **A**

9:25AM-10:05AM (Ages 3-4.5) - **B**

10:05AM-10:45AM (Ages 2.5-3.5) - **C**

10:45AM-11:25AM (Ages 4 - 5.5) - **D**

Instructors: USA Sport Group Staff (Certified Instructors) Description: **Multi Sports Squirts** program allows children to experience a variety of sports throughout their program. It is the perfect introduction to athletics for your future sports star! All sports are taught in a safe, structured and fun learning environment. Each session is comprised of a series of games and activities designed to ensure learning and most importantly: fun, fun, fun!



Birthday Parties for Ages Pre K - 4th Grade with Stamford Recreation

Stamford Recreation Services is pleased to offer Birthday parties at the Star Recreation Center on Friday nights 6:00pm – 8:00pm and Saturdays 2:00PM – 4:00PM. Our parties include 70 minutes of instructed time and 50 minutes of social time food, presents and cake. Children can pick from the following Themed Parties: **Classic Party** (Games, arts & crafts and other activities) **Sports Party** (You pick the sport) **Zumba Party/Dance Party** a Hula Hoop Party or talk to our staff and design a theme that works for you. Cost is \$275.00 -\$299.00 per party which includes staff, equipment, goodie bags, decoration, balloons and a gift for the birthday child. The fee covers the cost of 20 total children up to 25 children for an extra \$10.00 per child. For more information, **contact Dante Statum @ Dstatum@stamfordct.gov or 203-977-4644**

Eagles of Stamford Indoor Soccer Academy (Ages 5-13)

Location: CLC, Lathon Wider Gym, 137 Henry St. Stamford

January 7 - March 25 (Tuesdays)

Time:

5:00 PM - 6:00 PM (Ages 5-6) - **Sess. 1**

6:00PM - 7:00PM (Ages 7-9) - **Sess. 2**

7:00PM - 8:00PM / (Ages 11-14) - **Sess. 3**

\$210.00 per Section

Instructors: Eddy, Edgar, Ricky, René (Certified Instructors)

We specialize in technical development, motor skill training, & small sided games (rondos) Description: Soccer development program. At Eagles of Stamford, we create a fun, safe, and friendly environment that provides the necessary tools to enable each player to achieve success through motor skills as well as tactical learning while promoting physical fitness. Please bring a bottle of water and size 3 or 4 soccer ball.



Eagles of Stamford Soccer Academy (Ages 5-13)

Location: CLC, Lathon Wider Gym, 137 Henry St. Stamford

January 10 - March 28

Time:

5:00 PM - 6:00 PM (Ages 5-6) -**Sess. 1**

6:00PM - 7:00PM (Ages 7-9) - **Sess. 2**

7:00PM - 8:00PM / (Ages 11-14) - **Sess. 3**

\$210.00 per Section

Instructors: Eddy, Edgar, Ricky, René (Certified Instructors)

We specialize in technical development, motor skill training, & small sided games (rondos) Description: Soccer development program. At Eagles of Stamford, we create a fun, safe, and friendly environment that provides the necessary tools to enable each player to achieve success through motor skills as well as tactical learning while promoting physical fitness. Please bring a bottle of water and size 3 or 4 soccer ball.



CT SPORTS NETWORK Multi Sport Clinics

Lathon Wider Community gym, 137 Henry St. Stamford

January 16th - March 6th.

Thursdays

5:30PM - 6:30PM (Gr. 2-4) -**Sess. 1**

6:30PM - 7:30PM(Gr. 5-8) - **Sess. 2**

\$200.00 per child per session

This winter CT Sports Network will be running a variety of different sports on a weekly basis allowing participants a chance to learn new sports or play one of their favorite sports at Lathon Wider Community gym. Coaches will provide a short sport introduction and coaching practice before getting down to play in small sided scrimmages (sport depending). We want the kids to enjoy as much play time as possible as they experiment with potentially new sports. Our staff will strive to provide the best experience for each player while allowing the kids to learn in a FUN environment.



Youth & Teen Afterschool Programs

Calling All Chefs (Gr. 1-3)

Recreation Star Center, 1170 Shippan Ave
January 14 - February 25

Tuesday

4:15PM - 5:30PM

\$110.00 for 7 Weeks /Includes all supplies

Instructors: Ms. Nancy, Mighty Makers

Meet us in the kitchen for this yummy class! Chefs will learn about a variety of foods and cooking practices as they slice, dice, chop, measure and mix to create! Exciting breakfast, lunch, dinner and snack recipes will be on the menu and weekly, each chef will bring home the recipe write up to share and prepare with their family! **Max of 10 students!**



Culinary Kids (Gr. 3 - 5)

Recreation Star Center, 1170 Shippan Ave
January 15 - March 12 (No class 2/19)

Wednesday

4:00PM-5:00PM

\$320.00 per child for 8 weeks

Instructors: Fiddleheads Cooking Studio

Children will enjoy a flavorful adventure at these fun & educational cooking classes, where they will learn where food comes from using seasonal & fresh ingredients. It's all about food exploration, as children are encouraged to touch, smell and taste all ingredients. They will learn how to collaborate together to create their dish and how to use kitchen tools safely as they take turns measuring and mixing giving them the confidence they need in the kitchen! Children will also engage in interactive discussions about how food grows, who grows it & how it got to the kitchen, accompanied by an art project, game or activity. Finally, they will share their thoughts about different flavors & textures as they enjoy their dish.



Developing Engineering (Gr. 2-5) - New

Recreation Star Center, 1170 Shippan Ave

January 11 - February 8

Saturday

10:30AM - 11:30AM

\$150.00 per child for 5 weeks

Instructors: Snapology Staff

This program gives your student the tools they need to understand mechanical movement through the foundations of simple machines, physics, and engineering design. They will see moving parts up-close as they follow instructions to build various machines, then use the models to develop new design ideas, test out physics concepts, and even play games with their partners and classmates. Whether they are the creative-constructive type or prefer the inquisitive-deconstructive way of learning, this program is sure to spark their interests!



Chess Wizards (Gr. 1-5) In Person Chess Club

Recreation Star Center ,1170 Shippan Ave

January 11 - March 15 (No class 1/18 & 2/15)

Saturday

9:30AM - 10:30AM

\$205.00 per child for 8 weeks

Instructor: Certified Chess Wizard Staff

Chess Wizards is a premier chess education company providing fun, informative, and challenging chess lessons to students. Chess Wizards teaches children many important life concepts, such as learning the ability to win graciously and accept defeat with dignity and sportsmanship. Students will be divided into groups according to their chess experience. At the end of this session, each student would have had the chance to participate in a mini-chess tournament.



Cuddly Animal Design (Ages 9-14)

Make Your Own Stuffie (Sewing)

Recreation Star Center ,1170 Shippan Ave

January 14 - February 18

Tuesday

4:00PM - 5:00PM

\$180.00 per student for 6 weeks

Instructor: Molly Jacobson , MST

Do you need a new pal for snuggling up to at bedtime? This class will teach you everything you need to know and supply you with a kit to make adorable stuffed animals. Whether you prefer kitties or doggies or some other kind of creature of your own design and imagination, this is the class for you. If you already have sewing skills, you'll take those skills to the next level. If you are new to sewing, you will learn threading a needle to safe sewing machine practice. Results will vary based upon skill level entering class. All participants will leave the class with at least one cute stuffie. Instructor will supply sewing kits.



Creature Creators Robotics (Gr. 1-4)

Recreation Star Center, 1170 Shippan Ave

January 7 - February 4

Tuesday

5:00PM - 6:00PM

\$150.00 per child for 5 weeks

Instructors: Snapology Staff

In Snapology's Creature Creator program, your animal lover will build a variety of robotic creatures that respond to each of their programmed commands. While working with a partner to solve various challenges, your student will be taught how to effectively utilize sensors, how different mechanical components work in their robots, and how programming is a challenging but rewarding skill that they can master with just a little practice. We will support them in the development of their coding and building skills and inspire them with creative building challenges. **It's going to be a RAWR-ing good time!**



Youth & Teen Educational Programs

Easel Painting Class (Ages 7-13)

Recreation Star Center, 1170 Shippan Ave
January 13 - March 24 (No class 1/20 & 2/17)
Monday
4:00PM - 5:00PM

\$225.00 per person for 9 weeks/ **Includes all material**

Instructor: JoAnne Claybourne

Paint like the Masters! Paint, Draw & More! presents another fantastic art class. This fun class will give students experience with acrylic paints and teach brush techniques, color theory, color mixing that allow your child to express their creativity in the best way possible. Students are encouraged to problem solve and add their own unique ideas to their paintings. Their accomplishments help build self-esteem as they blossom and grow their own artistic style. **Jo-Ann T. Claybourne**, a CT native, attended the School of Visual Arts in NY, NY where she expanded her experience in sketching, drawing, painting and mixed media. Jo-Ann is gifted with the vision to create exciting pieces of artwork using different media. She enjoys exploring her creativity to it's fullest.

Mixed Media Drawing Class (Ages 5 - 12)

By Paint Draw & More

Recreation Star Center, 1170 Shippan Ave
January 15 - March 12
Wednesday

4:00PM - 5:00PM (Ages 5 - 8) - **Sess. 1**

5:00PM - 6:00PM (Ages 9 - 13) - **Sess. 2**

\$203.00 per person for 9 weeks/ **Includes all material**

Instructor: JoAnne Claybourne, *Paint Draw & More*

Want to try all the mediums? In this class Jo-Ann will guide students through drawings that will be finished with a number of mediums and sometime two! Students will fine tune their recognition of shapes, improve their hand eye coordination, learn representational drawing techniques and build their individual drawing style. We will explore use of chalk and oil pastels, colored pencils, watercolors, pen and ink, water based pastels and collage. This class teaches the fundamentals of drawing to all ages, older students will improve on their existing knowledge. Our artists will practice perspective, shading, shape and color theory and learn all the tricks and tools to improve their drawings. Please join us for this informative and fun filled class!

Jo-Ann T. Claybourne, a CT native, attended the School of Visual Arts in NY, NY where she expanded her experience in sketching, drawing, painting and mixed media. Jo-Ann is gifted with the vision to create exciting pieces of artwork using different media. She enjoys exploring her creativity to it's fullest. Her commitment to explore her heritage has won her not only regional acclaim but also the attention of national collectors.



CSI: Crime Scene Investigation (Ages 7 - 11)

Recreation Star Center, 1170 Shippan Ave
January 27 - March 10 (No class 2/17)
Monday

5:00PM - 6:00PM

\$160.00 per child for six weeks

Instructor: Minds in Motion Staff

Come join our Minds in Motion Crime Team in this fun and interesting program! We will provide you with all the tools you need to become your very own crime scene investigator. Learn all about forensics, searching for evidence, and gathering clues! Working in groups, you will conduct many science experiments in our crime lab to solve the mysteries at hand. You will learn all about fingerprinting and how to classify them and bring home your very own fingerprint classification sheet! You will also perform chemical analyses and observations working with powders, liquids, & much more! Be amazed at how much science plays a part in solving a crime. Come ready with your thinking caps and be prepared to use all the skills necessary to solve the crime of the century and help save the Minds in Motion Laboratory! **We need you!**



We Do Robotics (Ages 5 - 12)

Recreation Star Center, 1170 Shippan Ave
January 22 - February 19
Wednesday

4:00PM - 5:15PM

\$115.00 per child for 5 weeks

Instructor: CT Computer Education staff

Yes, We CAN learn about Robotics! With the LEGO™ **We Do Robotics** System, young children can build & program their own robotic creations. Designed by the experts at MIT, this unique system teaches children about simple machines, engineering, programming & so much more. Young imaginations soar! Children will work in groups & individually. **NO LEGO'S WILL BE TAKEN HOME.**

Class change ½ day ,1/29 class meets 300PM-415PM.



Circuits & More Snap Circuits (Ages 5 - 12)

Recreation Star Center, 1170 Shippan Ave
January 30 - February 27
Thursday

4:00PM - 5:15PM

\$115.00 per child for 5 weeks

Instructor: CT Computer Education staff

Love Science and Building... This class will intrigue your child about the world of science while investigating how to create snap circuits. Discussion of what makes a circuit. Some battery experiments will be included in this class. This class is designed for all ages if attended previous year you can start with our 1.5 version. Please bring a snack. No materials will be taken home. **Group work!**



Afterschool Programs & Special Events

Cool Science 101 (Ages 5 - 12)

Recreation Star Center, 1170 Shippan Ave

March 5 - April 2

Wednesday

4:00PM - 5:15PM

\$115.00 per child for 5 weeks

Instructor: CT Computer Education staff

Experiments and more experiments. This class is designed for the eager scientists. This class involves experiments done by children in groups. Children will be required to wear safety glasses at times during the class. If child has any allergies please notify instructor. Some experiments include pepper to the rescue, playdough, snow, bubbles and shrinky dinks.

MARCH 19, 26, half day class meets 3pm to 4:15pm. Please bring a snack to every class



Friday Night Fun Nights (Gr. 3-5) - New

Recreation Star Center, 1170 Shippan Ave

January 10 - January 31

Friday

7:00PM - 8:30PM

\$119.00 per child for 4 weeks

Instructors: A1 Athletics Staff

Friday Fun Night is a Rec program run by A1Athletics. The program features fun games and activities that all participants will enjoy; including Capture-The-Flag, Dodgeball, Kickball, Knockout, Boxball, Relay Races, GaGa Ball, and more! Every week there is a new opportunity for participants to be active and engaged in new games and activities.



Star Center Half Day Camp (Gr. K-5)

Recreation Star Center, 1170 Shippan Ave

Wednesday, January 29 - Sess. 1

Wednesday, February 26 - Sess. 2

12:30PM - 5:00PM

\$25.00 per child per session

This Half Day School camp provides sports and recreational games designed to promote exercise, recreation,, and fun in a relaxed, yet structured environment. Participants will play a variety of games from traditional sports and gym class favorites. We will also have board games and other activities. **Limited to 25 children per session. If you contact the BOE your child can get busing from their Stamford school to the star center for these half day programs.**



Mighty Maker's Kids Day Out (Gr. K-3)

Recreation Star Center, 1170 Shippan Ave

December 14, 2024

Saturday

9:00AM - 12:00PM

\$45.00 per child

Instructors: Ms. Nancy, Mighty Makers

Are your kiddos ready for some fun time activities away from home so you can get your shopping done? Send them our way! We're ready and excited to spend time with a creative Make & Take day. Your little elves will make & decorate holiday cookies to share with their favorite people. As the cookies are baking, we'll join into festive & fun holiday gym & musical games Please send your child with a lunch & beverage, we'll supply the rest!! **Max of 15 & registration begins November 6th online!**



Mighty Maker's Make & Take Valentine Treats (Gr. K-3)

Recreation Star Center, 1170 Shippan Ave

February 8, 2025

Saturday

9:00AM - 12:00PM

\$45.00 per child

Instructors: Ms. Nancy, Mighty Makers

Come join the fun as we bake up some Valentine YUM together! We'll make and bake delicious cookies to decorate and share with the ones we love! As the cookies bake we'll get our art on, creating cards to accompany our sweet treat gifts! **Max of 15 students!**



Friday Night Kids Club (Gr. K-5)

Recreation Star Center, 1170 Shippan Ave

Friday, February 28 - Sess. 1

Friday, March 14 - Sess. 2

6:00PM - 9:00PM

\$25.00 per child per session

Instructor: Erica Grant and Recreation Staff

This Friday night program will give children and there parents a night out. Each night will be theme based filled with fun and age appropriate activities. A snack and beverage will be served and each night is **limited to 40 students. Parents can enjoy a night out while we watch your kids! This is a drop of program!**



CABA: Child & Babysitting Safety Class For Students (Ages 11 & UP)

Recreation Star Center, 1170 Shippan Ave

Tuesday, January 7, 2025: 5:30PM - 7:30PM - Sess. 1 or Wednesday, February 19, 2025 : 5:30PM - 7:30PM - Sess. 2

\$90.00 per child per session (**only required to sign up for one session to be certified**)

Instructors: Better Babysitting staff

The Child and Babysitting Safety (CABS) program from ASHI and MEDIC First Aid gives young people everything they need to know for safe and successful babysitting. From getting started with their business, to relating with parents and children, to key safety, caregiving, and first aid tips, the magazine-format CABS guide and video makes learning fun. I also have realistic looking dolls to learn safe handling and diaper changing. **Attendees will leave with the skills of handling choking, basic first aid and CPR. 2 Year Certification from HIS.**

Afterschool & Weekend Sports Programs

GaGa Ball Program (Gr. K-2) - New

Recreation Star Center, 1170 Shippan Ave
January 10 - February 21 (no class 2/14)
Friday

4:15PM - 5:15PM

\$119.00 per child for 6 weeks

Instructors: A1 Athletics Staff

Calling all young GaGa Ball enthusiasts! Dive into the heart-pounding action of GaGa- this octagon-style pit game that promises non-stop fun, growth, and development. Your child will be on the edge of their seat as they dodge, duck, and dive to escape the foam ball's fury. It's not just a game; it's a fantastic exercise opportunity that keeps their heart racing and their muscles moving. GaGa Ball's magic lies in its fairness, allowing everyone to have an equal shot at victory - no predictable outcomes! **For Boys & Girls!**



Peanut Basketball (Gr. 1 - 2)

Recreation Star Center, 1170 Shippan Ave
January 14 - March 4

Tuesday

4:15PM - 5:15PM

\$80.00 per student for 8 weeks

Instructor: Recreation Staff

This program is for kids who are interested in learning the game of basketball in a fun and relaxing environment. Students will learn the basic skills, fundamentals and techniques of the game. We will work on dribbling, shooting, rebounding and more. Each week we will also play games to end the class. **For Boys and Girls!**



Pee Wee Basketball (Gr. 3 - 4)

Recreation Star Center, 1170 Shippan Ave
January 16 - March 6

Thursday

4:15PM 5:15PM

\$80.00 per student for 8 weeks

Instructor: Recreation Staff

Learn the basic basketball skills: teamwork, shooting, passing, defense, offense & dribbling This is a fun stress free program for your child/children to enjoy each week. **For boys & girls!**



Home School Open Gym Program (Ages 5 - 12)

Recreation Star Center, 1170 Shippan Ave
March 3 - March 24

Monday

1:30PM - 3:00PM

\$40.00 per student for 4 weeks

Instructor: Recreation Staff

This program is designed for home schooled children. Each week will consist of 30 minutes of fun structured games followed by 60 minutes of free play. **All participants must be preregistered for the program to participate.**



All Stars Indoor Soccer (Gr.1 - 2)

Recreation Star Center, 1170 Shippan Ave
March 7 - March 28

Friday

4:15PM - 5:15PM

\$40.00 per student for 4 weeks

Instructor: Recreation Staff

This class is designed to perfect basic skills such as dribbling, passing and shooting. Participants will also play a mini game each week. Emphasis will be on fun & sportsmanship in a relaxing environment. **For boys and girls**

Youth Boxing Program (Gr. 6 - 10)

Located: 1086 Hope Street

January - Sess. 1

February - Sess. 2

March - Sess. 3

Monday - Thursday

4:00PM - 5:00PM

\$120.00 per 1month session/per student

Instructor: Jesse Mendoza, **Certified Instructor**

Our Boxing Program offers a variety of classes which includes Boxing Technique, Strength Training and High Intensity Interval Training. Why choose boxing? Our Boxing Program creates a challenge both physically and mentally which offers many health benefits for all ages and fitness levels. Boxing is the perfect choice for anyone interested in a different type of workout, learning self-defense, losing weight, building confidence, seeking a positive life.



Intro Tennis Lessons Indoors (Ages 5 - 7)

Recreation Star Center, 1170 Shippan Ave
March 1 - March 29

Saturday

11:45AM - 12:45PM - Sess. 1

12:45PM - 1:45PM - Sess. 2

\$105.00 per child for 5 weeks

Instructor: GSTA Instructors

The Greater Stamford Tennis Association and Stamford Recreation Services is offering a 6 week introductory tennis program for kids age 5-7. The classes will feature age appropriate tennis equipment (shorter racquets, foam and low compression tennis balls) on short tennis courts. Racquets & Balls will be provided for classes. **Max of 14 per class**



Tae Kwon Do & Fitness Programs

New Students/Beginner White Belt Tae Kwon Do For Youth with Mr. Wrigley (Ages 7 & Up)

Recreation Star Center, 1170 Shippan Ave
January 6 - March 12 (No class 1/20 & 2/17)
Monday & Wednesday

Students are expected to participate twice a week

5:45PM - 6:30PM

\$220.00 per student

Master Tim Wrigley, **6th Degree Black Belt**

Asst. Instructor: Mr. Lucas Tuccinardi, **4th Degree**

Asst. Instructor: Mr. AJ Tuccinardi, **4th Degree**

Taught safely with traditional values, Tae Kwon Do will help your child develop their physical coordination along with their concentration skills. Much more than learning the basic physical skills to defend themselves, Tae Kwon Do will help in all aspects of life, teaching respect for all things, giving them the positive influence and self confidence they will need to be successful at anything they do. Of course it is lot of fun to learn, and a good workout for our youth! Brand new students start out with the rank of " White Belt" and will work towards higher ranks (also indicated by color) which is designed to help them with goalsetting and obtain a sense of self achievement. A higher rank in Tae Kwon Do demonstrates a level of maturity and personal responsibility in the students.

Please Note: All students that test for a promotion at the conclusion of the session **will be required to pay a \$40.00 testing fee.** Information will be passed out on how to pay the testing fee at the end of the Winter session.



Krav Maga Kids (KMX) (Ages 7-13)

Located: Break Thru Family Fit 4 life/ 48 Union St
January 13 - March 16

Monday, Wednesday, Friday & Sunday

5:00PM - 5:45PM- **Week Nights**

10:30AM - 11:15AM - **Sundays**

\$199.00 per student (two days per week) - **Sess. 1**

(Pick any two days)

\$249.00 per student **three days per week** - **Sess. 2**

Instructor: Tom Bacha & Kiberly Colletto

This is a unique kids version of the Israeli Self-Defense & Military Training System for ages 7-13. It uses drills & games to teach children life skills ,Personal Protection. Discipline Focus Common Sense. Also Self-Confidence. Classes begin with a full 20 minutes off un cardio drills (obstacle course, boot camp drills etc.), followed by realistic self-defense drills & end with Stranger Danger Awareness drills where flash cards are used to develop instinctive responses to dangerous situations.

Team Wrigley Tae Kwon Do For Youth Ages (7 & Up)

Recreation Star Center, 1170 Shippan Ave
January 6 - March 12 (No class 1/20, & 2/17)
Day & Time By Rank

Students are expected to participate twice a week

Yellow & Orange Belts:

Monday & Wednesday - 6:30PM-7:15PM

Green Belts & Blue Belts:

Tuesday & Thursday- 5:45PM - 6:40PM

Red Belts, Brown & Black Belts (All Ages):

Tuesday & Thursday - 6:45PM - 7:45PM

\$255.00 per student

Master Tim Wrigley, **6th Degree Black Belt**

Asst. Instructor: Mr. Lucas Tuccinardi, **4th Degree**

Asst. Instructor: Mr. AJ Tuccinardi, **4th Degree**

This Martial Art Program is intended for students having completed the beginner Tae Kwon Do Program or those children who may have had prior martial arts experience elsewhere*. Students enrolled who know the true benefit of Tae Kwon Do and how much fun it can be, will continue on their path to the eventual rank of Black Belt and beyond. Note that classes are separated by rank. Students can now Expect to develop to more advanced level Tae Kwon Do skills than they have ever achieved before. Returning students should enroll in the class time according to their rank. (*Students with prior martial experience elsewhere should enroll in " White, Yellow & Orange Belt" timeslot. A skill assessment of the student (during first week of classes) will be completed by the Instructor determine starting rank. **Please Note:** All students that test for a promotion at the conclusion of the session will be **required to pay a \$40.00 testing fee.** Information will be passed out on how to pay the testing fee at the end of the Winter session.

Real Gym For Kids (Ages 7 & UP)

Break Thru Family Fit 4 Life, Union Street
January 13 - March 16

4:00PM - 6:00PM - **Mon. - Fri.**

9:00AM - 12:00PM - **Sat & Sun**

\$149.00 per student for 10 weeks / Unlimited days

Instructor: Kimberly Colletto, ACE Certified Trainer

A one-of-a-kind kids' fitness circuit with 10-12 strength and cardio machines. A REAL GYM, the only one around, with Kid sized equipment. Kids learn the right way to work out independently & form good habits for life. Great for kids who don't like competitive sports & a good supplement for sports condition-ng. Program is customized to each child based on his/her individual needs. **Only 15.00 dollars per week** for your child to feel good! **All students must call Break Through Fitness (203 - 355-9395) for first time orientation. A Guardian must attend but will get a free membership if the child joins the gym. See Break thru Gym for Details.**

Winter 2025 Youth Aquatics Swim Lessons

Location: Westhill High School Pool, 125 Roxbury Road, Stamford, CT
Fee: \$175 (10 Youth Classes per Session)

TUESDAYS

Dates: 1/7 thru 3/11

Level 1- 6:00PM-6:30PM
Level 1- 6:30PM-7:00PM
Level 2- 7:00PM -7:30PM
Level 3- 7:30PM -8:00PM
Level 4 - 8:00Pm - 8:30PM

WEDNESDAYS

Dates: 1/8 thru 3/12

Level 1-6:00PM - 6:30PM
Level 1-6:30PM -7:00PM
Level 2 -7:00PM - 7:30PM
Level 3-7:30PM - 8:00PM
Level 4-8:00PM - 8:30PM

THURSDAYS

Dates: 1/9 thru 3/13

Level 1-6:00PM-6:30PM
Level 2-6:30PM-7:00PM
Level 3-7:00PM-7:30PM
Level 4-7:30PM-8:00PM
Level 5-8:00PM-8:30PM

Swim Class Level Descriptions

Level One: An introduction to water skills that helps children become comfortable in the water while learning basic water/safety skills. The class helps children learn to back float, and swim on their stomachs with their face in the water. We introduce combined arm and leg swimming action, and encourage confidence in independent swimming.

The child must be able to voluntarily get in the water and put face in the water to participate in the class.

Level Two: Building off of the Level One class, we introduce fundamental skills such as floating for longer periods of time without assistance, front and back gliding, and rolling from front to back for safe swimming. Kids are encouraged to swim on their own with minimal help. During the course of the class we cover, flutter kicking with pointed toes, streamline positioning, independent swimming on front/back, and much more.

The child must be able to back float without assistance, put face in the water while blowing bubbles, and be able to voluntarily swim on front and back with minimal assistance.

Level Three: The children focus on coordinating arm and leg movements, and improving skills covered in Level Two, such as independent swimming on front and back. We introduce the elementary backstroke, breaststroke kick, swimming in the deep end of the pool and much more.

The child must be able to swim 10 meters on their front/back without assistance. Child must also be able to breathe out while face is in the water, breathe in while face is out (perform rotary breathing).

Level Four: Stroke improvement is occasionally held in the 12-foot deep side of the pool. Child will be in the water without assistance learning to tread water, perform open turns, and improve all learned strokes. Swimmers are trained to improve their swimming stamina by introducing parts of all six strokes. **The child must be comfortable swimming in 12 feet deep water for the entire class. Must also have knowledge of side breathing, front crawl, back crawl, elementary backstroke, and be able to do a kneeling dive with minimal assistance.**

Level Five: This is the Stroke Refinement class level class we offer. This class works on swimming laps, perfecting stroke technique, and preparing children for competitive swim. In addition, the class introduces circle swimming and swim team terms. **For this class, child must have knowledge of all 6 strokes and be able to swim continuous laps. Swimmers should have knowledge of diving as well.**

****if your child has an IEP or 504 plan and you agree to inform us after you register, we can better accommodate your child's needs. This will allow us to give them the best possible swimming experience.**



Stamford Rec wants to hire YOU as one of our NEW lifeguards!!! For more info check out tinyurl.com/stamfordLG or email Jack Lyons, jlyons@stamfordct.gov

Music Programs For Youth & Teens

DJ Music Class (Gr. 3 - 9) - New

Recreation Star Center, 1170 Shippan Ave
January 13 - March 3 (No class 1/20 & 2/17)

Monday

4:30PM - 5:30PM (Gr. 6-9) - **Sess. 1**

Saturdays

11:00AM - 12:00PM (Gr. 3-5) - **Sess. 2**

\$115.00 per student for 6 weeks/ per session

Instructor: The Music Team Staff

Get ready to spin, mix, and have a blast in our super fun DJ Music Class! Perfect for young music lovers, this class is all about playing with sounds, creating cool beats, and mixing your favorite songs like a pro. Ever wanted to mix Taylor Swift with Sabrina Carpenter or throw in some Hip-Hop for extra hype? Now's your chance! We'll teach you how to make awesome mashups and even battle it out in fun DJ mixing showdowns. **No experience needed** - just bring your love for music, and get ready to party!



Group Guitar Lessons with Mr. Truglio For Students (Grades 4 - 9)

Recreation Star Center, 1170 Shippan Ave

January 15 - March 12

Wednesday

Beginner Group - 5:15PM - 6:00PM - **Sess. 1**

Adv. Beginner/Intermediate - 6:00PM - 6:45PM - **Sess. 2**

\$225.00 per student for 9 weeks

Instructor: Anthony Truglio

Beginner Group: Introduction to guitar. For beginners and players with a little experience. Finger dexterity, reading, chords around the guitar is all part of this program. You must supply your own acoustic or electric guitar.

Advance Beginner/ Intermediate Group: Continued study of guitar techniques for students with 1 plus years of lessons. Music that is age appropriate will be used. You must supply your own acoustic or electric guitar. **Max of 4 students per class.**

Group Piano Lessons I

For Beginners to Intermediate (Ages 6 - 14)

Recreation Star Center, 1170 Shippan Ave

January 7 - March 12

Tuesday & Wednesday

5:00PM - 5:45PM (All levels / Tues (Ages 10-14) - **Sess. 1**

6:00PM - 6:45PM (All levels / Tues (Ages 6 - 9) - **Sess. 2**

4:00PM - 4:45PM (Beginner 1 / Wed Ages 6 - 9) - **Sess. 3**

5:00PM - 5:45PM (Beginner 2 / Wed (Ages 6 - 9) - **Sess. 4**

6:00PM - 6:45PM (Early Inter. / Wed (Ages 10-14) - **Sess. 5**

\$250.00 per student for 9 weeks

Instructor: Bob Fiorito

This beginner program is a great way to introduce your child to the world of music. Unlike traditional piano instruction where students must plod through weeks of seemingly unrelated exercises, this program will have your child playing notes and music in no time at all. A book will be required and students should have a keyboard or piano at home to practice.

Max of 4 students per class.

Piano Lessons with Mr. Fiorito Beginner to Early Intermediate

Recreation Star Center, 1170 Shippan Ave

January 9 - March 6

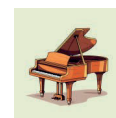
Thursday

4:00PM - 4:45PM

\$250.00 per student for 9 weeks

Instructor: Bob Fiorito

You will need a piano or keyboard at home to practice. **For grades 4 & up / Gr. 3 & up if the student has completed our lower level group lessons.** The basics of piano note & rhythm reading will be taught in this class, as well as, learning to play the piano correctly. **Max of 4 students per class.**



Counselor In Training Program For Teens Ages 14 - 15

The program is designed to train students to be future camp counselors. Students that are accepted into the program will work during the summer from 8:30AM - 3:00PM Monday through Friday and will be placed at one of our three large Day Camps. **All applicants must be 14 by March 1, 2025** Applications will be available beginning **January 3, 2025 on-line at www.stamfordrecreation.com** The program is limited to 24 counselors in training. Interviews will begin starting February 1st, 2025 and will be held at the Recreation Office on the 6th floor of the Government Center. Interviewing for the position does not guarantee the applicant a position in the program. Interviews will be held Monday through Thursday & afterschool from 2:00PM - 4:30PM only! The C.I.T program is not a paid position, but looks great on college applications. However, if the **applicant turns 15 years old by June 1st, 2025 he or she will be eligible to receive a \$500.00 stipend if they successfully complete the program.** All candidates will be required to go through an interview to be selected. For more information please call Dante Statum, Recreation Leader at 203-977-4644 or email him at Dstatum@stamfordct.gov **JC Note: If you are selected at the end of the process for this program, students will not be permitted vacation days off during the summer. No exceptions!**

School Vacation Break Programs

December Vacation Camp (Gr. K - 5)

Recreation Star Center, 1170 Shippan Ave

Thursday, December 26 - **Sec. 1**

Friday, December 27 - **Sec. 2**

Monday, December 30 - **Sec. 3**

8:00AM - 5:00PM

\$45.00 per child per day

Instructor: Recreation Services Staff

Come join us during the holiday break as we offer this 4 day vacation program. Each day campers will be involved in gym games, sports, arts and crafts and more. Camp is open to a max of 50 students per day and you can sign up for as many days as you need. **Bring a bagged lunch each day and a coat for outdoor activities! Registration starts November 6, 2024 online!**



February Vacation Camp (Gr. K -5)

Recreation Star Center, 1170 Shippan Ave

1170 Shippan Ave

February 14, 17, 2025

Friday, Monday

8:00AM - 5:00PM

\$45.00 per day per student

Instructor: Recreation Services Staff

Winter break is here and you need to work, parents look no further as we offer this school break camp. Each day campers will be involved in gym games, sports, arts and crafts and more. Camp is open to a max of 50 students per day so don't wait! **Bring a bagged lunch each day!**



Martin Luther King Day Activity Club (Gr. K-5)

Recreation Star Center, 1170 Shippan Ave

January 20, 2025

Monday

8:00AM - 5:00PM

Fee: \$45.00 per student

Instructor: Recreation Services Staff

Schools are closed and you need to work, look no further as we offer this one day program filled with gym games, arts and crafts, board games, outside activities (Weather permit) and more. **Campers should bring a bagged lunch & we will supply an afternoon snack.**



Winter Break: Science & More Science For (Ages 5 - 12)

Recreation Star Center, 1170 Shippan Ave

February 14 & 17, 2025

Friday, Monday

9:00AM - 3:00PM

\$95.00 per student

Instructor: CT Computer Education staff

Lets talk about creating different soluble forms. Some experiments in class will be making play dough, oobleck, egg balancing, stress balls, bubble socks, floating jelly fish and perler beads. This class we separate children into groups and have experiments done by the children. Please notify class of any allergies. Please bring a lunch and a snack. **We will celebrate Valentines Day with a scavenger hunt/ party. Early care at 8:00AM for \$10.00 extra available.**



The Hoop Girls - "Fun To Be Fit" School Holiday Camps

Bodywise By Betty Studio 990 Hope Street

Monday, January 20- **Sess. 1**

Friday, February 14 & Monday, February 17 - **Sess. 2**

Monday, Marc 31 - **Sess. 3**

Fee: \$78.00 per child for **session 1 or session 3**

Fee: \$140.00 per child for **session 2**

These are FUN, interactive FITNESS camps to help improve hoop dance skills & the fitness, endurance & stamina of our Hoop Girls. Which intern will help them when performing. You do not have to be a current Hoopgirl to enjoy this camp. We will teach you how to hoop. Camp includes HOOP DANCE INSTRUCTION, Rebounding (aerobics mini trampolines), ZUMBA & YOGA In the GLOW (disco party setting) Ellipticals, treadmills, Incline Rower, Bosu Balls, Boxing, calisthenics, Theater Arts, ART, karaoke, disco parties, & more. Activities performed inside (some outside if weather permits) to fun, high energy, and child friendly music. Domino's for lunch. (will walk to Dominos weather permitting) **Hours are 9:30AM to 4 PM. GIRLS Gr 1-5 (will take Gr K with older sibling) Just bring water bottles & a beach towel every day. Carry sneakers to Studio. & change them when you arrive.**

Chemical Reactions at First Glance (Ages 5 - 12)

Recreation Star Center, 1170 Shippan Ave

January 20, 2025

Monday

9:00AM - 3:00PM

\$47.00 per student

Instructor: CT Computer Education staff

Join the fun in this class as we experiment with reactions to various products we use every day. Come join this fun filled class of experiments. Please advise us if child/children are allergic to different products such as milk, baking soda, baking powder, vinegar, salt, latex, sugar or cleaning products. This class involves hands on experiments teacher directed & with experiments done by children. Children are required to wear safety goggles at times and will be provided. Some experiments include slime, marbles, catapults, flying cups, snow & various other experiments. Please bring a lunch & a snack to class. **Early care is available at 8:30am for \$5.00 extra.**



Hoop Girls Program

THE HOOP GIRLS “WHIRL THE WORLD”(Gr.1-5)

Davenport School:

Monday: January 13– March 17 (Gr.2-5) **Intermediate Level** - 4:05PM - 5:00PM - \$185.00 per student for 8 weeks - **Sess. 1**

Wednesday: January 15 -April 2 (No class on 12 days during the session)

(Gr. 3-5) **Intermediate - Advanced** -4:05PM - 5:00PM (Ask Betty if you qualify) - \$185.00 per student for 8 weeks - **Sess. 02**

(Gr. 4-7) **New /All - Levels** (Hoop Dance Fitness & Yoga) - 5:15PM—6:15PM - \$185.00 per student for 8 weeks - **Sess. 3**

Thursday: (Gr. 1-4) **Beginner 1 & 2** - January 16 - March 6 -4:05PM - 5:00PM - \$185.00 per student for 8 weeks - **Sess. 4**

Stillmeadow School:

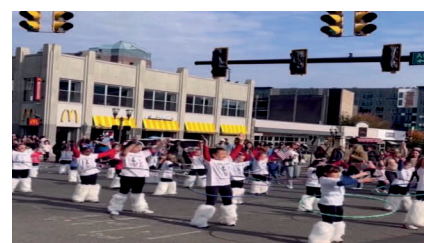
Tuesday: January 14 - March 11 (Gr. 1-5) **All Levels** - 2:45PM - 3:45PM - \$185.00 per student for 8 weeks - **Sess. 5**

Star Center:

Saturday: January 11 - February 22 (Gr. K-3) **Beginner** - 11:30AM - 12:30PM- \$140.00 per child for six weeks - **Sess. 6**

Instructor: Betty Kelly Camlin, Certified Instructor

With a big H - for HAPPY your Hoop Girl will have a whirl of a time hoop dancing, burning calories, & hooping it up to her favorite pop tunes with hand made designer Dance Fit Hoops. These hoops are slightly weighted, larger hoops, which makes learning easier for beginner yet challenging for the pro. Hoop Dance is a wonderful form of exercise, self expression, and creativity. It improves fitness, stamina, endurance, strengthens core, improves hand-eye co-ordination, proprioception, balance and motor skills. It's a phenomenal stress reducer. The endorphins flow and the smiles widen with each new Hoop Trick they master. Opportunities to perform in parades festivals, school functions and more. **Must wear Hoopgirl Shirt \$20 given out 1st day, sneakers, leggings, or shorts in class. NO skirts, dresses, boots, crocs, or sandals. Hair pulled back in pony tail for class. Bring water bottle.** For more info www.hoopgirlsofct.com **Please note classes will not be held on school half days during the 8 week session. IMPORTANT NOTE:** : All Davenport students/hoopers will go to cafe when announced at 3:45. Have snack, fill water bottles & prepare for class and go to the gym by 4 PM. All other Hoopers try to arrive no later than 4:05 PM. For all new hoopers, Ms Betty will provide hoops for the first few classes then Hooper purchases her own hoop from Ms Betty so she can continue to practice @ home and bring it to every class. Practice Hoop \$15 - then performance Hoop \$25



Concorde Education Programs for Teens

Broadcasting & Journalism (Gr. 6-8) - New

Recreation Star Center, 1170 Shippan Ave
January 6 - March 24 (No class 1/20 & 2/17)
Monday
4:45PM - 5:45PM

\$200.00 per student for 10 hours

Instructor: Concorde Education Staff

Study the basic principles of modern digital broadcasting and journalism & its importance in today's society. Students will learn how to select a topic, research, investigate, & report their story. Students will learn how to write engaging articles, create digital content, & share their works on social media, school newsletters, and podcasts. This course can be customized to cover athletics, esports, or other school events. **Weekly Take Home Artifact** – Students will show progress on their articles &/or broadcasts.

Test Prep (Gr. 9-12) - New

Virtual
January 14 - March 20
Tuesdays & Thursday (Must attend both days each week)
6:00PM - 7:00PM

\$400.00 per student for 20 hours

Instructor: Concorde Education Staff

Concorde Education offers a near limitless variety of academic support and student enrichment options **for small group or 1:1 instruction.**

Our test prep tutors provide the skills and knowledge necessary to boost scores and performance on all state or national standardized tests and entrance exams, **including but not limited to the SAT, SAT II, ACT, SHSAT, and Regents examinations. Minium of 10 students and registration starts November 5th online.**



Afterschool Programs & Summer Employment

CT SPORTS NETWORK, Volleyball Clinics

Dates: January 15 - March 5

Day: Wednesdays

Session 1: 4:30pm - 5:30pm (Gr. 9-12)

Session 2: 5:30pm - 6:30pm (Gr. 3-5)

Session 3: 6:30pm - 7:30pm (Gr. 6-8)



Location: Lathon Wider Community gym, 137 Henry St.
\$200.00 per student

Starting in January, CT Sports Network will be holding winter volleyball clinics throughout the winter months at Lathon Wider Community gym. The clinics are open to both new and experienced players and our master coaches will focus on teaching skills, rotations, game scenarios and the rules of the game in a fun filled environment. We will hold three separate clinics, to allow for maximum developmental opportunities, for players in 2nd grade through to HS seniors. All activities will take place in an atmosphere which promotes good sportsmanship, teamwork and most of all, FUN! All participants should have athletic shoes, water and you may also wish to bring your knee pads as well.



After School Club at the Star Center (Gr. K-5) 2024 - 2025 School Year

Recreation Star Center, 1170 Shippan Ave

January - June 2025 School Year

Monday- Friday

2:45PM- 6:00pm (12:30pm start on half days)

Fee: 3 days a week: \$205.00 per month

4 days a week: \$235.00 per month

5 days a week: \$260.00 per month

Stamford Recreation will be offering an After School Program for Children Grades K - 5 at the Recreation Star Center located at 1170 Shippan Avenue. Gym time, playground and out-door time, arts and crafts, video game time and home work time (each day except on Fridays). Transportation provided by the Stamford Board of Education to the After School Club at the Star Center for the Catholic Elements School, Charter School of Excellence, and all Stamford Public Schools BOE . **You must arrange for transportation through the BOE at your child's/children school ahead of time.** We will follow all OEC and CDC guide lines at the start of the school year. Space is limited each month! We follow the Stamford Public School Calendar only and will be open on all half days. **Please contact Scott Kassouf about available openings at skassouf@stamfordct.gov and you can also add your child on the wait list!**

CT SPORTS NETWORK Basketball Clinics

January 12 - March 17 (No class 1/20 & 2/17)

Mondays (No Class 1/20 and 2/17)

Session 1: 5:00pm - 6:00pm (3-5 grade)

Session 2: 6:00pm - 7:00pm (6-8 grade)

Session 3: 7:00pm - 8:00pm (9-12 grade)



Location: Lathon Wider Community gym,
137 Henry Street

\$200.00 per student per section

Winter is basketball season! Come and join our supplemental clinics that run throughout the winter to ensure you stay in tip top shape for the season. Over two 5 week blocks learn to shoot and play with our experienced basketball coaches. The CT Sports Network Basketball Clinics will be held at Lathon Wider Gym.

The clinics are open to both new and experienced players and our experienced staff will work on a variety of skills with thousands of touches on the ball, transitions, court movements and game scenarios all in a fun filled environment. Our clinics are open to players in 3rd through 12th grade. All activities will take place in an atmosphere which promotes good sportsmanship, teamwork and most of all, FUN! **All participants should bring water with them each week**

Summer Employment Opportunities

Looking for individuals who are interested in having a fun and rewarding job this summer. We are hiring students age 16 & up to work in one of our 7 & 8 week camp programs as a camp counselor. Applications will be accepted until positions fill and interviews will be held afterschool from 2:00pm - 4:00pm Monday through Friday for high school students. For more information please contact Dante Statum, Recreation Leader at DStatum@stamfordct.gov Interested candidates can download applications for all summer positions at www.stamfordrecreation.com

Camp Directors, Art & Sports Instructors:

We are looking for adults with summer camp experience working with youth grades K-5 this summer. Camp positions are 8 weeks long and for more information about the positions contact Scott Kassouf, Assistant Superintendent at skassouf@stamfordct.gov

Summer Aquatics Positions: We are currently hiring an Assistant Aquatics Director, Head Lifeguard, Lifeguards and swim Instructors for the summer beach & pool season. For more information & required qualifications contact Mgearhart@stamfordct.gov or Jlyons@stamfordct.gov Interested candidates can for any summer positions will be able to download applications at www.stamfordrecreation.com

Teen & Adult Programs

Mat Pilates for Teens (Gr. 6-10) - New

Recreation Star Center, 1170 Shippan Ave
January 13 - March 10 (No class 2/17)

Monday

4:15PM - 5:15PM

\$100.00 per person for 8 weeks

Instructor: Celeste Beaver, Certified Instructor

Series of exercises that focus on strengthening the core and improving flexibility, balance and posture. Great for any young athlete at any level. **Bring a mat!**

Self - Defense Training for the “Everyday” Adult - New

Recreation Star Center, 1170 Shippan Ave
January 6 - March 12 (No class 1/20 & 2/17)

Monday & Wednesday

Students are expected to participate twice a week

7:30PM - 8:30PM

\$220.00 per person

Master Tim Wrigley, **6th Degree Black Belt**

This twice a week training session will focus on common-sense techniques that anyone (female or male) can perform when faced with a physical threat of anyone. This class is intended for any adult aged individual, regardless of their fitness level or whether they never trained before in a martial art or has years of experience. The class will be 10-15 minutes of strength & mobility training followed by 45 minutes of self-defense skills & awareness training.

Led by Tim Wrigley who has been an Instructor for adults & kids along with training himself in Krav Maga self-defense & Tae Kwon Do for over 30 years. We all know how important it is these days to feel safe and confident. He has dedicated his life to helping individuals with learning common sense techniques that will keep them safe.

Learn how to increase your existing knowledge base through these common sense based seminars designed for the “everyday” man or woman living in today’s world.

Mohegan Sun Casino Trip

March 8, 2025

Saturday

Depart Government Center Lobby at 8:00AM

Return: Government Center Lobby at 6:00PM

\$40.00 per person per trip/includes drivers tip

Come let us do the driving and enjoy a day at the Foxwoods Casino. Try your luck at table games, Poker, keno Bingo and slot machines. Enjoy a day of great entertainment, shopping and food. **Limited to 48 passengers!**



Women’s Only Gym

Located: Break Thru Family Fit For Life

January 13 - March 16

7:00AM- 9:00PM- Mon-Fri.

7:00AM- 3:00PM- Sat.& Sun.

\$125.00 per person for 10 weeks / Unlimited days

Instructors: Personal Trainer: Kimberly Colletto

Intimidated by free weights? Don’t like large gyms? Hate the crowds? This easy 30-minute workout combines cardiovascular exercise and strength training utilizing machines designed specifically for women. A staff personal trainer will get you started with a fitness evaluation, equipment instructions and help you establish goals. **Break Thru to a new you!!!**



Krav Maga Adults (KMX)

Break Thru Family Fit 4 life, 48 Union St.

January 13 - March 16 (No class 2/17)

6:30PM - 7:30PM - Mon, Tues & Thurs

10:30AM - 11:30AM - Saturday

11:15AM - 12:15PM - Sunday

\$249.00 per person for 10 weeks unlimited

Instructor: Tom Bacha

Krava Magai s the official Self-Defense and Fighting System of the Israeli Defense Forces and various police departments through the United States. This highly effective easy to learn system of Self-defense is offered for men/women of all ages & skill levels!



Mat Pilates for Adults - New

Recreation Star Center, 1170 Shippan Ave

January 13 - March 8

5:30PM - 6:30PM / Monday - **Sec. 1**

10:00AM - 11:00AM / Thursday - **Sec.2**

10:00AM - 11:00AM / Saturday - **Sec. 3**

\$100.00 per person for 8 weeks per section

Instructor: Celeste Beaver, Certified Instructor

Contemporary pilates with strength training to improve flexibility, endurance and muscle tone. Also aims to strengthen the spine and abdominal core. **Bring a mat!**



Winter Ice Skating Programs at **TERRY CONNERS RINK**

All Ice Skating is at Terry Connors Rink, 1125 Cove Road located in Cove Island Park in Stamford. All Registration must be done directly with Terry Connors Rink. We do not have online registration but all forms are listed on our website – www.tcrink.com and can be emailed to terryconners@stamfordct.gov or called in to the rink office at (203)977-4728.

Terry Connors Rink offers Public Skating, Open Hockey, Freestyle Sessions, Hockey Programs, Birthday Parties, and hosts Events throughout the year. We are open all year round



Pubic Skating Sessions

Our Public Skating is offered during weekdays and on the weekends. Please check our website for public skating hours at www.tcrink.com. We offer group rates for groups over 15 with a reservation. Our admission rates are Child U18 - \$8.00, Adults - \$10.00, Skate Rentals - \$4.00.

Open Hockey

TCR has Open Hockey Sessions for all ages year round. Please check our website for these sessions at www.tcrink.com. Admission rates are \$15.00. All skaters under the age of 17 must wear full equipment and adults must wear helmet and gloves. Bring your own pucks!

Freestyle Sessions

TCR offers Freestyle Sessions at \$18.00 per session. Please check our website for these sessions at www.tcrink.com. Freestyle session are for advanced skaters for practice and private lesson time. The Skating Club of Southern CT offers Freestyle Sessions on Tuesday afternoons from 3:50 to 4:50pm. You must be a member of the SCSC Club to either walk-on or subscribe to the Tuesday Ice Time. Club's website www.skatescsc.com.

Birthday Parties

We offer parties during public skating at a reduced group price which includes admission, skate rentals and use of a party room. Food is not included in the price and must be purchased from the snack bar when operational. Our rates for parties are 180.00 for 20p and 18.00 for additional skaters

Multi Use Discounts

TCR offers multi use discounts for Stamford Residents for Public Skating, Freestyle, and Open Hockey Sessions. Discounts are 10 paid for 13 sessions. Please inquire and purchase at Rink Office.

Winter Group Skating Lessons

Ages 4 and up – All Levels

Beginners thru Freestyle Classes

Dates: Nov. 2 thru Jan. 11, 2025 (8 weeks)

Jan. 30 thru March 22, 2025 (8 weeks)

Our group lessons are offered on Thursdays or Saturdays. Please check our website for specific times for your age and level. Basic 1 is for beginners aged 6 and above and Snowplow Sam 1 is for beginners 4 & 5. We offer all levels thru Basic 6 and all Freestyle levels and have Specialty Classes including Intro to Synchro, Moves Classes, Advanced Freestyle, and Intro to Hockey. The Intro to Hockey Class is for ages 4-10 who have passed Basic 2 and who can skate forward, backwards and stop. Registration is done thru Terry Connors Rink. Call Rink directly at 203-977-4728 to register. Our website is www.tcrink.com and our email address is terryconners@stamfordct.gov.

Fee for the 8 week cycle is 180.00.

TCR Programs & Ice Rentals

Terry Connors Ice Rink, located in beautiful Cove Island Park has served the skaters of Stamford and its surrounding neighbors since 1973. The Rink is owned and operated by the City of Stamford, offering affordable hockey, figure skating, and basic skill lesson programs. TCR is home to Stamford Youth Hockey, Skating Club of Southern Connecticut, Terry Connors Synchronized Skating, and Stamford/Westhill Boys and Girls High School Hockey. For More Info on our Programs or to Register for the Learn to Skate Program, please call the Rink directly at [\(203\)977-4728](tel:2039774728)